

# APRIL 2024

## BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Breakfast Pizza**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**Breakfast Bento Box**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**Blueberry Orange Muffins**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**Donut Ring**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**1 Breakfast Nachos**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**4 Ham Egg and Cheese Muffinwich**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**5 Western Scramble/w Biscuit**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**6 Iced Cinnamon Roll**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**7 Breakfast Tacos**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**8 Breakfast Scramble Stuffed Biscuit**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**11 Strawberry and Granola Yogurt Parfait**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**12 Veggie Breakfast Bowl/w Biscuit**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**13 Apple Spiced Muffin**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**14 Bacon Egg and Cheese Burrito**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**15 Banana Apple Muffin Trifle**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**18 Oatmeal**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**19 Bagel/w Cream Cheese**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**20 Breakfast Tater Tot Nachos/w Biscuit**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**21 Breakfast Banana Split**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**22 French Toast Sticks**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**25 Peach and Granola Yogurt Parfait**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk or Hot Cocoa

**26 Veggie Breakfast Bowl/w Biscuit**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**27 Biscuit/w Sausage Gravy**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**28 Egg and Cheese Burrito**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

**29 Oatmeal**  
**Assorted Cereal**  
**Graham Crackers**  
 1/2c Fruit Choice  
 1/2c Juice Choice  
 1c Milk

### NUTRITION BAR

Included with your meal and offered daily.  
 Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at [Mark.House@k12byelior.com](mailto:Mark.House@k12byelior.com)

ELIOR NORTH AMERICA

This institution is an equal opportunity provider



# APRIL 2024

## ELEMENTARY LUNCH



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

**A:** Baked Ziti  
**B:** Cheeseburger  
 1/2c Fresh Cucumbers  
 1/2c Garden Salad

2

**A:** Chili Dog  
**B:** Chicken Nuggets  
 1/2c Potato Wedges  
 1/2c Baked Beans

3

**A:** Mexi Mac  
**B:** Beef and Bean Burrito  
 1/2 c Seasoned Corn  
 1/2 c Fresh Broccoli/w Ranchi

4

**A:** BBQ Pulled Pork Sandwich  
**B:** Chicken Drumstick/w Roll  
 1/2 c Parmesan Crusted Brussel Sprouts  
 1/2c Fresh Red Peppers/w Ranch

5



**A:** Cheese or Pepperoni Pizza  
**B:** Buffalo Chicken Wrap  
 1/2 c Celery Sticks  
 1/2 c Seasoned Carrot Slices

8



**A:** Bean Cheese Burrito  
**B:** Hamburger  
 1/2 c potato wedges  
 1/2 c Garden Salad

9

**A:** Orange Chicken/w Brown Rice  
**B:** Chicken Tenders  
 1/2 c Roasted Carrots  
 1/2 c Crispy Asparagus Fries

10

**A:** Quesadilla  
**B:** Corndog  
 1/2 c Baked Beans  
 1/2 c Fresh Broccoli

11

**A:** Frito Pie  
**B:** Fish Sandwich  
 1/2 c Italian Vegetables  
 1/2 c Crinkle Cut Fries

12

**A:** Italian Dunkers/w Marinara  
**B:** Chicken Cordon Bleu Sandwich  
 1/2 c Seasoned Carrots  
 1/2 c Roasted Tomatoes

15

**A:** Crispy Chicken Bowl  
**B:** Fiesta Bean Casserole/w Roll  
 1/2 c Seasoned Corn  
 1 c Garden Salad

16

**A:** New Mexico Grown Beef Walking Taco  
**B:** Buffalo Chicken Sandwich  
 1/2 c Black Beans  
 1/4 c Salsa  
 1/2 c Green Beans

17

**A:** Spicy Stuffed Biscuit  
**B:** Global Bites Mexico: Beef Stuffed Poblano Pepper  
 1/2 c Potato Wedges  
 1/2 c Steamed Peas

18

**A:** Tandoori Chicken/w Brown Rice  
**B:** Grilled Cheese/w Tomato Soup  
 1/2 c Honey Roasted Brussel Sprouts  
 1/2 c Green Beans

19

**A:** Cheese or Pepperoni Pizza  
**B:** Meatball Hoagie  
 1/2 c Roasted Broccoli  
 1/2 c Sweet Potato Fries

22



**A:** Bean Chili Mac/w Breadstick  
**B:** Beef Nachos/ w Breadstick  
 1/2c Roasted Cauliflower  
 1/2c Garden Salad

23

**A:** Sweet and Sour Meatballs/w Brown Rice  
**B:** Chicken Tenders  
 1/2c Sweet Potato Fries  
 1/2c Fresh Cucumbers

24

**A:** Beef Stroganoff/w Roll  
**B:** Corndog  
 1/2 c Green Beans  
 1/2 c Celery Sticks/w Ranch

25

**A:** Loaded Potato Wedges/w Roll  
**B:** Chicken Patty Sandwich  
 1/2 c Baked Beans  
 1/2 c Roasted Broccoli

26

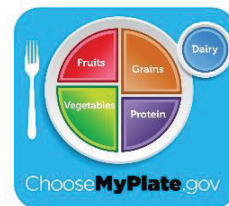
Snow Day  
No School

29

**A:** Macaroni and Cheese  
**B:** Chicken Nuggets  
 1/2c Fresh Baby Carrots  
 1/2c Peas

30

**A:** Red Chili Chicken Enchiladas  
**B:** Meatloaf/w Roll  
 1/2c Street corn  
 1/2c Fresh Broccoli/w Ranch



### NUTRITION BAR

Included with your meal and offered daily.  
 Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at [Mark.House@k12byelior.com](mailto:Mark.House@k12byelior.com)

- Vegetarian (Ovo-Lacto)
- Fresh Picks
- Be Well

This institution is an equal opportunity provider

# APRIL 2024


## MIDDLE SCHOOL LUNCH

MONDAY

1  
 ✓ **A: Baked Ziti**  
**B: Cheeseburger**  
 1/2c Fresh Cucumbers  
 1/2c Garden Salad

8   
 ✓ **A: Bean and Cheese Burrito**  
**B: Hamburger**  
 1/2 c potato wedges  
 1/2 c Garden Salad

15  
 ✓ **A: Crispy Chicken Bowl/B: Fiesta Bean Casserole/w Breadstick**  
 1 c Garden Salad  
 1/2 c Seasoned Corn

22   
 ✓ **A: Bean Chili Mac/w Breadstick**  
**B: Beef Nachos/ w Breadstick**  
 1/2 c Roasted Cauliflower  
 1/2 c Garden Salad

29  
 ✓ **A: Chicken Nuggets**  
**B: Macaroni and Cheese**  
 1/2 c Fresh Baby Carrots  
 1/2c Peas

TUESDAY

2  
**A: Chili Dog**  
**B: Chicken Nuggets**  
 1/2 c Potato Wedges  
 1/2 c Baked Beans

9  
**A: Teriyaki Chicken/w Brown Rice**  
**B: Chicken Tenders**  
 1/2 c Roasted Carrots  
 1/2 c Crispy Asparagus fries  


16  
**A: New Mexico Grown: Beef Walking Taco**  
**B: Lemon Pepper Chicken Sandwich**  
 1/2 c Black Beans  
 1/4 c Salsa  
 1/2 c Green Beans

23  
**A: Sweet and Sour Chicken/w Brown Rice**  
**B: Chicken Tenders**  
 1/2 c Sweet Potato Fries  
 1/2 c Fresh Cucumbers

30  
**A: Red Chili Chicken Enchiladas**  
**B: Meatloaf/w Roll**  
 1/2 c Mexican Street Corn  
 1/2 c Fresh Broccoli

WEDNESDAY

3  
**A: Mexi Mac/w Breadstick**  
**B: Beef and Bean Burrito**  
 1/2 c Seasoned Corn  
 1/2 c Fresh Broccoli

10  
 ✓ **A: Quesadilla**  
**B: Corndog**  
 1/2 c Baked Beans  
 1/2 c Fresh Broccoli

17  
**A: Spicy Stuffed Biscuit**  
**B: Global Bites Mexico: Beef Stuffed Poblano Pepper**  
 1/2 c Potato Wedges  
 1/2 c Steamed Peas

24  
**A: Beef Stroganoff/w Roll**  
**B: Corndog**  
 1/2 c Green Beans  
 1/2 c Celery Sticks/w Ranch

**FRESH PICKS**

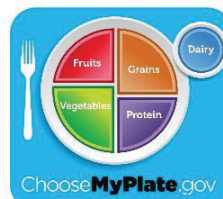
THURSDAY

4  
**A: Pulled Pork Sandwich**  
**B: Lemon Pepper Chicken Drumstick/w Roll**  
 1/2 c Parmesan Crusted Brussel Sprouts  
 1/2 c Fresh Red Peppers


11  
**A: Frito Pie**  
**B: Fish Sandwich**  
 1/2 c Italian Vegetables  
 1/2 c Crinkle Cut Fries

18  
**A: Tandoori Chicken/w Brown Rice**  
**B: Grilled Cheese/w Tomato Soup**  
 1/2 c Honey Roasted Brussel Sprouts  
 1/2 c Green Beans

25  
 ✓ **A: Loaded Potato Wedges/w Roll**  
**B: Chicken Patty Sandwich**  
 1/2 c Baked Beans  
 1/2 c Roasted Broccoli



FRIDAY

5   
 ✓ **A: Cheese or Pepperoni Pizza**  
**B: Chicken bacon ranch wrap**  
 1/2 c Celery Sticks  
 1/2 c Seasoned Carrot Slices

12  
**A: Italian dunkers/w marinara**  
 ✓ **B: Chicken Cordon Bleu Sandwich**  
 1/2 c Seasoned Carrots  
 1/2 c Roasted Tomatoes

19  
**A: Cheese or Pepperoni Pizza**  
**B: Meatball Hoagie**  
 1/2 c Roasted Broccoli  
 1/2 c Sweet Potato Fries

26  
 Snow Day  
 No School





**NUTRITION BAR**

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

**ENTREE SALAD or DELI SANDWICH**

included with your meal and offered daily

This institution is an equal opportunity provider

- ✓ Vegetarian (Ovo-Lacto)
-  Fresh Picks
-  Be Well

# APRIL 2024

## HOLLOMAN MIDDLE SCHOOL LUNCH

MONDAY

1

**A: Baked Ziti**  
**B: Cheeseburger**  
1/2c Fresh Cucumbers  
1/2c Garden Salad

8

**A: Bean and Cheese Burrito**  
**B: Hamburger**  
1/2 c potato wedges  
1/2 c Garden Salad

15

**A: Crispy Chicken Bowl**  
**B: Fiesta Bean Casserole/w Breadstick**  
1 c Garden Salad  
1/2 c Seasoned Corn

22

**A: Bean Chili Mac/w Breadstick**  
**B: Beef Nachos/ w Breadstick**  
1/2 c Roasted Cauliflower  
1/2 c Garden Salad

29

**A: Chicken Nuggets**  
**B: Macaroni and Cheese**  
1/2 c Fresh Baby Carrots  
1/2c Peas

TUESDAY

2

**A: Chili Dog**  
**B: Chicken Nuggets**  
1/2 c Potato Wedges  
1/2 c Baked Beans

9

**A: Teriyaki Chicken/w Brown Rice**  
**B: Chicken Tenders**  
1/2 c Roasted Carrots  
1/2 c Crispy Asparagus fries



16

**A: New Mexico Grown: Beef Walking Taco**  
**B: Lemon Pepper Chicken Sandwich**  
1/2 c Black Beans  
1/4 c Salsa  
1/2 c Green Beans

23

**A: Sweet and Sour Chicken/w Brown Rice**  
**B: Chicken Tenders**  
1/2 c Sweet Potato Fries  
1/2 c Fresh Cucumbers

30

**A: Red Chili Chicken Enchiladas**  
**B: Meatloaf/w Roll**  
1/2 c Mexican Street Corn  
1/2 c Fresh Broccoli

WEDNESDAY

3

**A: Mexi Mac/w Breadstick**  
**B: Beef and Bean Burrito**  
1/2 c Seasoned Corn  
1/2 c Fresh Broccoli

10

**A: Quesadilla**  
**B: Corndog**  
1/2 c Baked Beans  
1/2 c Fresh Broccoli

17

**A: Spicy Stuffed Biscuit**  
**B: Global Bites Mexico: Beef Stuffed Poblano Pepper**  
1/2 c Potato Wedges  
1/2 c Steamed Peas

24

**A: Beef Stroganoff/w Roll**  
**B: Corndog**  
1/2 c Green Beans  
1/2 c Celery Sticks/w Ranch

**FRESH PICKS**

THURSDAY

4

**A: Pulled Pork Sandwich**  
**B: Lemon Pepper Chicken Drumstick/w Roll**  
1/2 c Parmesan Crusted Brussel Sprouts  
1/2 c Fresh Red Peppers

11

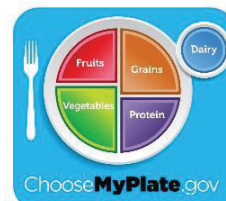
**A: Frito Pie**  
**B: Fish Sandwich**  
1/2 c Italian Vegetables  
1/2 c Crinkle Cut Fries

18

**A: Tandoori Chicken/w Brown Rice**  
**B: Grilled Cheese/w Tomato Soup**  
1/2 c Honey Roasted Brussel Sprouts  
1/2 c Green Beans

25

**A: Loaded Potato Wedges/w Roll**  
**B: Chicken Patty Sandwich**  
1/2 c Baked Beans  
1/2 c Roasted Broccoli



FRIDAY

5

**CARROT DAY**  
**A: Cheese or Pepperoni Pizza**  
**B: Chicken bacon ranch wrap**  
1/2 c Celery Sticks  
1/2 c Seasoned Carrot Slices

12

**A: Italian dunkers/w marinara**  
**B: Chicken Cordon Bleu Sandwich**  
1/2 c Seasoned Carrots  
1/2 c Roasted Tomatoes

19

**A: Cheese or Pepperoni Pizza**  
**B: Meatball Hoagie**  
1/2 c Roasted Broccoli  
1/2 c Sweet Potato Fries

26

Snow Day  
No School



**NUTRITION BAR**

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

**ENTREE SALAD or DELI SANDWICH**

included with your meal and offered daily

**V** Vegetarian (Ovo-Lacto)

**FP** Fresh Picks

**B** Be Well

Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- APRIL 1st-5th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Daily Regional, Comfort, & World Flavors

### Bean Chili Mac/w Breadstick

½ c Mashed Potatoes  
 ½ c Cucumber Slices  
 ½ c Side Salad

### Chicken and Rice Casserole

½ c Red Peppers  
 ½ c Roasted Corn  
 ½ c Side Salad

### Beef Stroganoff/w Breadstick

½ c Italian Veggies  
 ½ c Broccoli  
 ½ c Side Salad

### Loaded Baked Potato Bar/w Roll

½ c Baked Beans  
 ½ c Baby Carrots  
 ½ c Side Salad

### Italian Dunkers

½ c Seasoned Carrots  
 ½ c Herbed Tomatoes  
 ½ c Side Salad



## Tiger's Den Smoke House

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

## Claw & Grill

Garden Burgers & Chicken Available Daily

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

## Roaring Pizza

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

## Tiger's Cantina

MADE-TO-ORDER MEXICAN STATION AVAILABLE DAILY

### Quesadilla

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

### Bean & Cheese Burrito

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

### Turkey Burrito Bowl

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

### Carne Adovada Burrito

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

### Quesadilla

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

## Wok & Growl Mongolian Grill

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

## Ramen Bowl

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR

Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- APRIL 8th-12th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Daily Regional, Comfort, & World Flavors

**Gr. Chile Philly Hoagie**  
 ½ c Potato Wedges  
 ½ c Cucumber Slices  
 ½ c Side Salad



**Lemon Pepper Chicken Sandwich**  
 ½ c Baked Beans  
 ½ c Crispy Asparagus fries

**Turkey Pot Pie Over a Biscuit**  
 ½ c Seasoned Corn  
 ½ c Broccoli/Ranch  
 ½ c Side Salad

**Tandoori Chicken/w Brown Rice**  
 ½ c Green Beans  
 ½ c Baby Carrots  
 ½ c Side Salad

**Beef Goulash/w Roll**  
 ½ c Broccoli  
 ½ c Oven Roasted Tomatoes  
 ½ c Side Salad

## Tiger's Den Smoke House

**Bama Chicken Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

## Claw & Grill

Garden Burgers & Chicken Available Daily

**BBQ Bacon Hamburger**  
 Potato Smiles


**BBQ Bacon Hamburger**  
 Potato Smiles


**BBQ Bacon Hamburger**  
 Potato Smiles


**BBQ Bacon Hamburger**  
 Potato Smiles


**BBQ Bacon Hamburger**  
 Potato Smiles


## Roaring Pizza

 **Veggie Lovers Pizza** 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza** 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza** 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza** 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza** 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

## Tiger's Cantina

MADE-TO-ORDER  
 MEXICAN STATION  
 AVAILABLE DAILY

**Pork Pozole**  
 MEXICAN STATION  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Pork Pozole**  
 MEXICAN STATION  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Pork Pozole**  
 MEXICAN STATION  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Pork Pozole**  
 MEXICAN STATION  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Pork pozole**  
 MEXICAN STATION  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

## Wok & Growl Mongolian Grill

**Chinese BBQ Pork Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables


**Chinese BBQ Pork Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables


**Chinese BBQ Pork Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables


## Ramen Bowl

**Ramen Bowl/w Choice of**  
**Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of**  
**Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of**  
**Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of**  
**Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of**  
**Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

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NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR

Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- APRIL 15th-19th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Daily Regional, Comfort, & World Flavors

**BBQ Bird Dawg**  
 ½ c Potato Wedges  
 ½ c Cucumber Slices  
 ½ c Side Salad

**Chicken Drumstick/w Roll**  
 ½ c Green Beans  
 ½ c Red Peppers  
 ½ c Side Salad

**Global Bites Mexico: Beef Stuffed Poblano Pepper**  
 ½ c Fresh Broccoli  
 ½ c Italian Vegetables

**Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Baby Carrots  
 ½ c Side Salad

**Meatball Hoagie**  
 ½ c Seasoned Carrots  
 ½ c Italian Vegetables  
 ½ c Side Salad

## Tiger's Den Smoke House

**Pulled Pork Sandwich Bama Chicken**  
*Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans*

**Pulled Pork Sandwich Bama Chicken**  
*Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans*

**Pulled Pork Sandwich Bama Chicken**  
*Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans*

**Pulled Pork Sandwich Bama Chicken**  
*Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans*

**Pulled Pork Sandwich Bama Chicken**  
*Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans*

## Claw & Grill

*Garden Burgers & Chicken Available Daily*

**Grilled Teriyaki Chicken/w Asian Slaw Sandwich**

*Potato Smiles*

**Grilled Teriyaki Chicken/w Asian Slaw Sandwich**

*Potato Smiles*

**Grilled Teriyaki Chicken/w Asian Slaw Sandwich**

*Potato Smiles*

**Grilled Teriyaki Chicken/w Asian Slaw Sandwich**

*Potato Smiles*

**Grilled Teriyaki Chicken/w Asian Slaw Sandwich**

*Potato Smiles*

## Roaring Pizza

**Cheeseburger Pizza 1 slice**  
**Cheese Pizza 1 slice**  
**Pepperoni Pizza 1 slice**

**Cheeseburger Pizza 1 slice**  
**Cheese Pizza 1 slice**  
**Pepperoni Pizza 1 slice**

**Cheeseburger Pizza 1 slice**  
**Cheese Pizza 1 slice**  
**Pepperoni Pizza 1 slice**

**Cheeseburger Pizza 1 slice**  
**Cheese Pizza 1 slice**  
**Pepperoni Pizza 1 slice**

**Cheeseburger Pizza 1 slice**  
**Cheese Pizza 1 slice**  
**Pepperoni Pizza 1 slice**

## Tiger's Cantina

*MADE-TO-ORDER MEXICAN STATION AVAILABLE DAILY*

**New Mexico Grown Week Green Chili Chicken Enchiladas**

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

**New Mexico Grown Week Red Chili Chicken Enchiladas**

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

**New Mexico Grown Week Green Chili Chicken Enchiladas**

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

**New Mexico Grown Week Red Chili Chicken Enchiladas**

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

**New Mexico Grown Week Green Chili Chicken Enchiladas**

**MEXICAN STATION**  
 Taco Shells, Tortillas, Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice

## Wok & Growl Mongolian Grill

**Chinese BBQ Pork Chicken Teriyaki Orange Chicken**  
 Fried Rice  
 Brown Rice  
 Noodles  
 Steamed Broccoli

**Chinese BBQ Pork Chicken Teriyaki Orange Chicken**  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork Chicken Teriyaki Orange Chicken**  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork Chicken Teriyaki Orange Chicken**  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Cauliflower

**Chinese BBQ Pork Chicken Teriyaki Orange Chicken**  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

## Ramen Bowl

**Ramen Bowl/w Choice of Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice of Chinese BBQ Pork Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

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NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR

Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- APRIL 22nd –26TH

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

**Crispy Chicken  
Bowl/w Breadstick**  
 ½ c Sweet Potato Fries  
 ½ c Fresh Cucumbers  
 ½ c Side Salad



 **Baked Ziti**  
 ½ c Black Beans  
 ½ c Roasted Zucchini  
 ½ c Side Salad

**Spicy Stuffed Biscuit**  
 ½ c Mexican Street  
 Corn  
 ½ c Peas  
 ½ c Side Salad

**Frito Pie**  
 ½ c Honey Roasted  
 Brussel Sprouts  
 ½ c Green Beans

**Snow Day  
No School**

**Tiger's Den  
Smoke  
House**

**Loaded Pork Potato  
Campfire Dog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Loaded Pork Potato  
Campfire Dog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Loaded Pork Potato  
Campfire Dog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Loaded Pork Potato  
Campfire Dog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Snow Day  
No School**

**Claw & Grill**

*Garden Burgers &  
Chicken Available Daily*

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Snow Day  
No School**

**Roaring  
Pizza**

**Pesto Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Pesto Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Pesto Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Pesto Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Snow Day  
No School**

**Tiger's  
Cantina**

*MADE-TO-ORDER  
MEXICAN STATION  
AVAILABLE DAILY*

**Posole**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Taco Soup**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Bean & Cheese Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Posole**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Snow Day  
No School**

**Wok &  
Growl  
Mongolian  
Grill**

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables


**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli


**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Snow Day  
No School**

**Ramen  
Bowl**

**Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Snow Day  
No School**

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**NUTRITION BAR**

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

**ENTRÉE SALAD OR DELI SANDWICH**

Included as a meal & offered daily.

K-12 BY ELIOR



Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- APRIL 29th-May 3rd

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
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MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Daily Regional, Comfort, & World Flavors

### Bean Chili Mac/w Breadstick

½ c Mashed Potatoes  
 ½ c Cucumber Slices  
 ½ c Side Salad

### Chicken and Rice Casserole

½ c Red Peppers  
 ½ c Roasted Corn  
 ½ c Side Salad

### Beef Stroganoff/w Breadstick

½ c Italian Veggies  
 ½ c Broccoli  
 ½ c Side Salad

### Loaded Baked Potato Bar/w Roll

½ c Baked Beans  
 ½ c Baby Carrots  
 ½ c Side Salad

### Italian Dunkers

½ c Seasoned Carrots  
 ½ c Herbed Tomatoes  
 ½ c Side Salad

## Tiger's Den Smoke House

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

### Pulled Chicken Sandwich Campfire Dog

Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

## Claw & Grill

Garden Burgers & Chicken Available Daily

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

### Pizza Burger

Tater Tots

## Roaring Pizza

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

### Hawaiian Pizza

1 slice

Cheese Pizza 1 slice  
 Pepperoni Pizza 1 slice

## Tiger's Cantina

MADE-TO-ORDER  
 MEXICAN STATION  
 AVAILABLE DAILY

### Quesadilla

**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

### Bean & Cheese Burrito

**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

### Turkey Burrito Bowl

**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

### Carne Adovada Burrito

**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

### Quesadilla

**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

## Wok & Growl Mongolian Grill

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

### Chinese BBQ Pork Chicken Teriyaki

Asian Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Roasted Broccoli

## Ramen Bowl

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

### Ramen Bowl/w Choice of

Chinese BBQ Pork  
 Chicken Teriyaki  
 Boiled Egg  
 Assorted Vegetable Bar

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NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR



# SUPER SNACK APRIL MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

1  
Banana Bread (2 g)  
2 Cheese Stick (2m)  
100% Fruit Juice (4oz)  
½ c Baby Carrots/Ranch  
1% White Milk

2  
Cheez Its WG (1g)  
3 oz Ham Roll-ups (2m)  
100% Fruit Juice (4oz)  
Tomato Wedge (.5c)  
1% White Milk

3  
Simply Chex WG (1g)  
½ c Hummus  
Apple (.5c)  
Celery Sticks/Ranch (.5c)  
1% White Milk

4  
UBR Round WG (2g)  
2 Cheese Stick (2m)  
Craisins (.25c)  
Celery Sticks (.5c)/Ranch  
1% White Milk

5  
½ WG Bagel (2g)  
2oz Mozzarella (2m)  
Mandarin Orgs (.25c)  
Marinara Sauce (.5c)  
1% White Milk

2

8  
Goldfish WG (1g)  
2 Cheese Stick (2m)  
¼ c Pears (.25)  
½ c Baby Carrots  
1% White Milk

9  
WG Pretzels (1g)  
½ c Hummus (2m)  
1 Raisin Box (.25)  
.5 c Cucumber Slices  
1% White Milk

10  
Asst Muffin (1g)  
2 Cheese Stick (2m)  
100% Fruit Juice (4oz)  
1/2c Baby Carrots/Ranch  
1% White Milk

11  
WG Cheese Stuffed  
Breadstick (2m/1g)  
Grapes (.25c)  
Marinara Sauces (.5c)  
1% White Milk

12  
Tostitos WG (2g)  
Cheese Sauce (2m)  
Peaches Sliced or Diced  
(.25 c)  
Tomato Salsa (1/2 cup)  
1% White Milk

3

15  
Turkey & Cheese  
Pinwheel WG (2m/2g)  
Orange Slices (.25 c)  
½ c Baby Carrots/Ranch  
1% White Milk

16  
Goldfish WG (1g)  
Chicken Salad (2m)  
Apple (.5c)  
Celery Sticks/Ranch  
(.5c)  
1% White Milk

17  
Pretzels WG (1g)  
3oz Ham Roll-ups (2m)  
100% Fruit Juice  
½ c Cucumber Slices  
1% White Milk

18  
2 pkgs WG Graham  
Crackers WG (1g)  
2 Cheese Stick (2m)  
Pears (.25c)  
Celery Sticks/Ranch  
(.5c)  
1% White Milk

19  
½ WG Bagel (2g)  
2oz Mozzarella (2m)  
Mandarin Orgs (.25c)  
Marinara Sauce (.5c)  
1% White Milk

4

22  
WG Churro Donut (2g)  
2 Cheese Stick (2m)  
Craisins (.25c)  
Baby Carrots (.5c)/Ranch  
1% White Milk

23  
Turkey & Cheese Wrap  
(2m/2g)  
Pears (.25)  
Cucumber Slices (.5 c)  
1% White Milk

24  
Simply Chex WG (1g)  
Asst Yogurt Cup (1m)  
1 Cheese Stick (1m)  
Apple (125ct)  
Broccoli/Ranch (.5c)  
1% White Milk

25  
WG Pretzels (1g)  
½ c Hummus (2m)  
1 Raisin Box (.25)  
Celery Sticks (.5 c)  
1% White Milk

26  
Tostitos WG (2g)  
Taco Meat (2m)  
1 oz Cheddar Shred (1m)  
Peaches Diced (.25 c)  
Tomato Salsa (1/2 cup)  
1% White Milk

29  
Banana Bread (2 g)  
2 Cheese Stick (2m)  
100% Fruit Juice (4oz)  
½ c Baby Carrots/Ranch  
1% White Milk

30  
Cheez Its WG (1g)  
3 oz Ham Roll-ups (2m)  
100% Fruit Juice (4oz)  
Tomato Wedge (.5c)  
1% White Milk

