

MARCH 2024

K-12 BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Happy Women's History Month!

Did You Know?
The story of Women's History Month first History And Was officially declared in 1987.



Vagetables Protein

Choose My Plate, gov

Breakfast Nachos Assorted Cereal Graham Crackers

1

1/2c Fruit Choice 1/2c Juice Choice 1c Milk

Ham Egg and
Cheese
Muffinwich
Assorted Cereal
Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Western
Scramble/w
Biscuit
Assorted Cereal
Graham Crackers
1/2c Fruit Choice

5

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Iced Cinnamon Roll Assorted Cereal Graham Crackers

6

1/2c Fruit Choice 1/2c Juice Choice 1c Milk 7 National Cereal Day!

Breakfast Tacos Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Breakfast
Scramble Stuffed
Biscuit
Assorted Cereal
Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk

1 Strawberry and Granola Yogurt Parfait Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk 12Veggie Breakfast Bowl/w Biscuit Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Apple Spiced
Muffin
Assorted Cereal
Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Bacon Egg and Cheese Burrito Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk 15 Banana Apple Muffin Trifle Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk

18

Oatmeal Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Bagel/w Cream Cheese Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Preakfast Tater
Tot Nachos/w
Biscuit
Assorted Cereal
Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk Breakfast Banana Split Assorted Cereal Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk French Toast
Sticks
Assorted Cereal
Graham Crackers

1/2c Fruit Choice 1/2c Juice Choice 1c Milk

25



26

27

| 28

Spring Break



NUTRITION BAR

Included with your meal and offered daily.

Choose from a variety of fresh fruits or vegetables.

ELIOR NORTH AMERICA

For questions and comments, please email the Food Service Director at *Mark.House@k12byelior.com*