

February 2024

Middle School Lunch

MONDAY



5

A: Crispy Chicken Bowl/w Breadstick
B: Fiesta Lasagna/w Breadstick
 ½ c Mashed Potatoes
 ½ c Seasoned Corn



TUESDAY

FRESH PICKS

6

A: Beef Walking Taco
B: Lemon Pepper Chicken Sandwich
 ½ c Black Beans
 ¼ c Salsa
 ½ c Garden Salad

WEDNESDAY



7

A: Spicy Stuffed Biscuit
B: Beef Nachos/w Breadstick
 ½ c Roasted Cauliflower
 ½ c Steamed Peas

THURSDAY



1

A: Frito Pie
B: Fish Sandwich
 ½ c Baked Beans
 ½ c Fresh Baby Carrots/w Ranch
 ½ c Tater Tots

FRIDAY



2

A: Cheese or Pepperoni Pizza
B: Chicken Cordon Bleu Sandwich
 ½ c Seasoned Carrots
 ½ c Roasted Tomatoes

12

A: Bean Chili Mac/w Breadstick
B: Hamburger
 ½ c Potato Wedges
 ½ c Garden Salad



13

A: Turmeric Chicken and Rice Grain Bowl
B: Chicken Tenders
 ½ c Fresh Red Peppers
 ½ c Mardi Gras Slaw



14



A: Beef Stroganoff/w Roll
B: Corndog
 ½ c Italian Veggies
 ½ c Fresh Broccoli

15

A: Loaded Baked Potato Bar
B: Fish Sandwich
 ½ c Baked Beans
 ½ c Seasoned Green Beans



16

A: Cheese or Peperoni Pizza
B: Hawaiian Chicken Patty Sandwich
 1/2c Seasoned Carrots
 1/2c Herbed Tomatoes



19

President's Day
 NO SCHOOL

20

A: Green Chili Cheese Enchiladas
B: Meatloaf/w Roll
 ½ c Mexican Street Corn
 ½ c Fresh Broccoli

21



A: Tandoori Chicken/w Roll
B: Quesadilla
 ½ c Italian Vegetables
 ½ c sweet potato fries



22

A: Lemony Chicken Pasta/w Breadstick
B: Beef Soft Tacos
 ½ c Mashed Potatoes
 ½ c Baked Beans

23

A: Italian dunkers/w marinara
B: Fish Sticks/w Roll
 ½ c Garden Salad
 ½ c Roasted Cauliflower
 ½ c Fruit Choice



26

A: Baked Ziti
B: Cheeseburger
 1/2c Fresh Cucumbers
 1/2c Garden Salad



27

A: Chili Dog
B: Chicken Nuggets
 ½ c Potato Wedges
 ½ c Baked Beans

28

A: Mexi Mac/w Breadstick
B: Beef and Bean Burrito
 ½ c Seasoned Corn
 ½ c Fresh Broccoli

29

A: Pulled Pork
B: Lemon Pepper Chicken Drumstick/w Roll
 ½ c Parmesan Crusted Brussel Sprouts
 ½ c Fresh Red Peppers



NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

ENTREE SALAD or DELI SANDWICH

included with your meal and offered daily



Vegetarian (Ovo-Lacto)



Fresh Picks



Be Well