



# FEBRUARY 2024

## K-12 BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**1 Breakfast**  
Tacos/w/ side of  
graham Crackers  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**2 Breakfast**  
Scramble Stuffed  
Biscuit  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**5 Strawberry and**  
Granola Yogurt  
Parfait  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**6 Veggie Breakfast**  
Bowl/w/ Biscuit  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**7 Apple Spiced**  
Muffin  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**8**  
  
Parent Teacher  
Conference  
  
NO SCHOOL

**9**  
  
Parent Teacher  
Conference  
  
NO SCHOOL

**12 National**  
Oatmeal Day  
  
Oatmeal  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**13 Bagel/w/ Cream**  
Cheese  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**14 Breakfast Tater**  
Tot Nachos/w/  
Biscuit  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**15 Breakfast Banana**  
Split  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**16 French Toast**  
Sticks  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**19**  
  
President's Day  
  
NO SCHOOL

**20 Veggie Breakfast**  
Bowl/w/ Biscuit  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**21 Biscuit/w/ Sausage**  
Grav  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**22 Egg and Cheese**  
Burrito  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**23 Oatmeal**  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**26 Breakfast Pizza**  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**27 Breakfast Bento**  
Box  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**28 Blueberry Orange**  
Muffins  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk

**29 Donut Ring**  
Assorted Cereal  
Graham Crackers  
1/2c Fruit Choice  
1/2c Juice Choice  
1c Milk



### NUTRITION BAR

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service  
Director at [Mark.House@k12byelior.com](mailto:Mark.House@k12byelior.com)

ELIOR NORTH AMERICA

This institution is an equal opportunity provider



# February 2024

ELEMENTARY  
LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p><b>1</b> A: Frito Pie B: Fish Sandwich ½ c Baked Beans ½ c Fresh Baby Carrots/w Ranch ½ c Tater Tots</p>	<p><b>2</b> V A: Cheese or Peperoni Pizza B: Chicken Cordon Bleu Sandwich ½ c Seasoned Carrots ½ c Roasted Tomatoes</p>
<p><b>5</b> A: Crispy Chicken Bowl/w Roll B: Fiesta Lasagna/w Roll ½ c Mashed Potatoes and Gravy ½ c Seasoned Corn</p>	<p><b>6</b> A: Beef Walking Taco B: Buffalo Chicken Sandwich ½ c Black Beans ¼ c Salsa ½ c Garden Salad</p>	<p><b>7</b> A: Spicy Stuffed Biscuit B: Beef Nachos/w Breadstick ½ c Roasted Cauliflower ½ c Steamed Peas</p>	<p><b>8</b> Parent Teacher Conference  NO SCHOOL</p>	<p><b>9</b> Parent Teacher Conference  NO SCHOOL</p>
<p><b>12</b> V A: Bean Chili Mac/w Breadstick B: Hamburger 1/2c Potato Wedges 1/2c Garden Salad</p>	<p><b>13</b> A: Turmeric Chicken and Rice Grain Bowl B: Chicken Tenders 1/2c Fresh Red Peppers/w Ranch E 1/2c Mardi Gras Slaw</p>	<p><b>14</b> VALENTINE'S DAY A: Beef Stroganoff/w Roll B: Corn dog 1/2c Italian Vegetables 1/2c Fresh Broccoli/w Ranch</p>	<p><b>15</b> V A: Loaded Baked Potato Bar B: Fish Sandwich ½ c Baked Beans ½ c Seasoned Green Beans</p>	<p><b>16</b> V A: Cheese or Peperoni Pizza B: Hawaiian Chicken Patty Sandwich ½ c Seasoned Carrots ½ c Roasted Tomatoes</p>
<p><b>19</b> President's Day  NO SCHOOL</p>	<p><b>20</b> A: Green Chili Cheese Enchiladas B: Meatloaf/w Roll 1/2c Mexican Street corn 1/2c Fresh Broccoli/w Ranch</p>	<p><b>21</b>  A: Tandoori Chicken/w Roll V B: Quesadilla 1/2c Italian Vegetables 1/2c sweet potato fries</p>	<p><b>22</b> A: Lemony Chicken Pasta/w Breadstick B: Beef Soft Tacos 1/2c Mashed Potatoes 1/2c Baked Beans</p>	<p><b>23</b> A: Italian Dunkers/w Marinara B: Fish Sticks/w roll 1/2c Garden Salad 1/2c Roasted Cauliflower</p>
<p><b>26</b> V A: Baked Ziti B: Cheeseburger 1/2c Fresh Cucumbers 1/2c Garden Salad</p>	<p><b>27</b> A: Chili Dog B: Chicken Nuggets 1/2c Potato Wedges 1/2c Baked Beans</p>	<p><b>28</b> A: Mexi Mac/w Breadstick B: Beef and Bean Burrito ½ c Seasoned Corn ½ c Fresh Broccoli/w Ranch</p>	<p><b>29</b> A: BBQ Pulled Pork Sandwich B: Chicken Drumstick/w Roll ½ c Parmesan Crusted Brussel Sprouts 1/2c Fresh Red Peppers/w Ranch</p>	

## NUTRITION BAR

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at [Mark.House@k12byelior.com](mailto:Mark.House@k12byelior.com)

- V Vegetarian (Ovo-Lacto)
- E Fresh Picks
- B Well

This institution is an equal opportunity provider

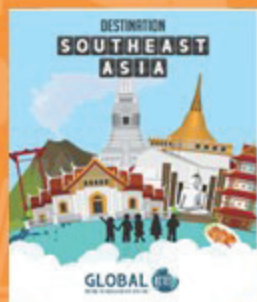
ELOR NORTH AMERICA



# February 2024

## Middle School Lunch

MONDAY



5

**A: Crispy Chicken Bowl/w Breadstick**  
**B: Fiesta Lasagna/w Breadstick**  
 ½ c Mashed Potatoes  
 ½ c Seasoned Corn

12

**A: Bean Chili Mac/w Breadstick**  
**B: Hamburger**  
 ½ c Potato Wedges  
 ½ c Garden Salad

19

**President's Day**  
**NO SCHOOL**

26

**A: Baked Ziti**  
**B: Cheeseburger**  
 1/2c Fresh Cucumbers  
 1/2c Garden Salad

TUESDAY

**FRESH PICKS**

6

**A: Beef Walking Taco**  
**B: Lemon Pepper Chicken Sandwich**  
 ½ c Black Beans  
 ¼ c Salsa  
 ½ c Garden Salad

13

**A: Turmeric Chicken and Rice Grain Bowl**  
**B: Chicken Tenders**  
 ½ c Fresh Red Peppers  
 ½ c Mardi Gras Slaw

20

**A: Green Chili Cheese Enchiladas**  
**B: Meatloaf/w Roll**  
 ½ c Mexican Street Corn  
 ½ c Fresh Broccoli

27

**A: Chili Dog**  
**B: Chicken Nuggets**  
 ½ c Potato Wedges  
 ½ c Baked Beans

WEDNESDAY



7

**A: Spicy Stuffed Biscuit**  
**B: Beef Nachos/w Breadstick**  
 ½ c Roasted Cauliflower  
 ½ c Steamed Peas

14

**A: Beef Stroganoff/w Roll**  
**B: Corndog**  
 ½ c Italian Veggies  
 ½ c Fresh Broccoli

21

**A: Tandoori Chicken/w Roll**  
**B: Quesadilla**  
 ½ c Italian Vegetables  
 ½ c sweet potato fries

28

**A: Mexi Mac/w Breadstick**  
**B: Beef and Bean Burrito**  
 ½ c Seasoned Corn  
 ½ c Fresh Broccoli

THURSDAY



1

**A: Frito Pie**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Fresh Baby Carrots/w Ranch  
 ½ c Tater Tots

8

**Parent Teacher Conference**  
**NO SCHOOL**

15

**A: Loaded Baked Potato Bar**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Seasoned Green Beans

22

**A: Lemony Chicken Pasta/w Breadstick**  
**B: Beef Soft Tacos**  
 ½ c Mashed Potatoes  
 ½ c Baked Beans

29

**A: Pulled Pork**  
**B: Lemon Pepper Chicken Drumstick/w Roll**  
 ½ c Parmesan Crusted Brussel Sprouts  
 ½ c Fresh Red Peppers

FRIDAY



2

**A: Cheese or Pepperoni Pizza**  
**B: Chicken Cordon Bleu Sandwich**  
 ½ c Seasoned Carrots  
 ½ c Roasted Tomatoes

9

**Parent Teacher Conference**  
**NO SCHOOL**

16

**A: Cheese or Pepperoni Pizza**  
**B: Hawaiian Chicken Patty Sandwich**  
 1/2c Seasoned Carrots  
 1/2c Herbed Tomatoes

23

**A: Italian dunkers/w marinara**  
**B: Fish Sticks/w Roll**  
 ½ c Garden Salad  
 ½ c Roasted Cauliflower  
 ½ c Fruit Choice

30



### NUTRITION BAR

Included with your meal and offered daily.  
 Choose from a variety of fresh fruits or vegetables.

**ENTREE SALAD or DELI SANDWICH**  
 included with your meal and offered daily

This institution is an equal opportunity provider

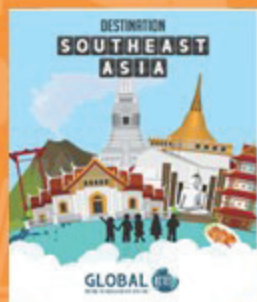
**Vegetarian (Ovo-Lacto)**  
**Fresh Picks**  
**Be Well**



# February 2024

## Holloman Middle School Lunch

MONDAY



5

**A: Crispy Chicken Bowl/w Breadstick**  
**B: Fiesta Lasagna/w Breadstick**  
 ½ c Mashed Potatoes  
 ½ c Seasoned Corn

V

12

**A: Bean Chili Mac/w Breadstick**  
**B: Hamburger**  
 ½ c Potato Wedges  
 ½ c Garden Salad

V

19

**President's Day**  
**NO SCHOOL**

26

**A: Baked Ziti**  
**B: Cheeseburger**  
 1/2c Fresh Cucumbers  
 1/2c Garden Salad

V

TUESDAY

**FRESH PICKS**

6

**A: Beef Walking Taco**  
**B: Lemon Pepper Chicken Sandwich**  
 ½ c Black Beans  
 ¼ c Salsa  
 ½ c Garden Salad

13

**A: Turmeric Chicken and Rice Grain Bowl**  
**B: Chicken Tenders**  
 ½ c Fresh Red Peppers  
 ½ c Mardi Gras Slaw

F

20

**A: Green Chili Cheese Enchiladas**  
**B: Meatloaf/w Roll**  
 ½ c Mexican Street Corn  
 ½ c Fresh Broccoli

WEDNESDAY



7

**A: Spicy Stuffed Biscuit**  
**B: Beef Nachos/w Breadstick**  
 ½ c Roasted Cauliflower  
 ½ c Steamed Peas

14

**A: Beef Stroganoff/w Roll**  
**B: Corndog**  
 ½ c Italian Veggies  
 ½ c Fresh Broccoli

F

21

**A: Tandoori Chicken/w Roll**  
**B: Quesadilla**  
 ½ c Italian Vegetables  
 ½ c sweet potato fries

V

28

**A: Mexi Mac/w Breadstick**  
**B: Beef and Bean Burrito**  
 ½ c Seasoned Corn  
 ½ c Fresh Broccoli

THURSDAY



1

**A: Frito Pie**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Fresh Baby Carrots/w Ranch  
 ½ c Tater Tots

8

**Parent Teacher Conference**  
**NO SCHOOL**

15

**A: Loaded Baked Potato Bar**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Seasoned Green Beans

V

22

**A: Lemony Chicken Pasta/w Breadstick**  
**B: Beef Soft Tacos**  
 ½ c Mashed Potatoes  
 ½ c Baked Beans

FRIDAY



2

**A: Cheese or Pepperoni Pizza**  
**B: Chicken Cordon Bleu Sandwich**  
 ½ c Seasoned Carrots  
 ½ c Roasted Tomatoes

9

**Parent Teacher Conference**  
**NO SCHOOL**

16

**A: Cheese or Pepperoni Pizza**  
**B: Hawaiian Chicken Patty Sandwich**  
 1/2c Seasoned Carrots  
 1/2c Herbed Tomatoes

V

23

**A: Italian dunkers/w marinara**  
**B: Fish Sticks/w Roll**  
 ½ c Garden Salad  
 ½ c Roasted Cauliflower  
 ½ c Fruit Choice

V

29

**A: Pulled Pork**  
**B: Lemon Pepper Chicken Drumstick/w Roll**  
 ½ c Parmesan Crusted Brussel Sprouts  
 ½ c Fresh Red Peppers



### NUTRITION BAR




Included with your meal and offered daily.  
 Choose from a variety of fresh fruits or vegetables.

**ENTREE SALAD or DELI SANDWICH**  
 included with your meal and offered daily

This institution is an equal opportunity provider

**V** Vegetarian (Ovo-Lacto)  
**F** Fresh Picks  
**B** Be Well



Vegetarian   
Fresh Picks   
Be Well 

# HIGH SCHOOL LUNCH- JAN 29 – FEB 2

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

**Crispy Chicken  
Bowl/w Breadstick**  
½ c Sweet Potato Fries  
½ c Fresh Cucumbers  
½ c Side Salad

**Chicken Nuggets/w  
Breadstick**  
½ c Black Beans  
½ c Mashed Potatoes

**Spicy Stuffed Biscuit**  
½ c Mexican Street  
Corn  
½ c Peas  
½ c Side Salad

**Frito Pie**  
½ c Honey Roasted  
Brussel Sprouts  
½ c Green Beans  
½ c Tater Tots  
(National Tater Tot Day)

**Shepherd's Pie**  
½ c Roasted Broccoli  
½ c Roasted Carrots  
½ c Side Salad

**Tiger's Den  
Smoke  
House**

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Claw & Grill**

Garden Burgers &  
Chicken Available Daily

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Chicken Bacon Ranch**  
  
Tater Tots

**Roaring  
Pizza**

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Tiger's  
Cantina**

MADE-TO-ORDER  
MEXICAN STATION  
AVAILABLE DAILY

 **Bean & Cheese Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Carne Adovada Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

 **Bean & Cheese Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Carne Adovada Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

 **Bean & Cheese Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Wok &  
Growl  
Mongolian  
Grill**

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Ramen  
Bowl**

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR



Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR



Vegetarian   
Fresh Picks   
Be Well 

# HIGH SCHOOL LUNCH- Feb 5th-9th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
*May be subject to amendment to reflect updated federal and state regulations*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

**Bean Chili Mac/w  
Breadstick**  
½ c Mashed Potatoes  
½ c Cucumber Slices  
½ c Side Salad

**Creamy Chicken and  
Rice Casserole**  
½ c Red Peppers  
½ c Roasted Corn  
½ c Side Salad

**Beef Stroganoff/w  
Breadstick**  
½ c Italian Veggies  
½ c Broccoli  
½ c Side Salad

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Tiger's Den  
Smoke  
House**

**Pulled Chicken Sandwich  
Campfire Dog**  
*Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans*

**Pulled Chicken Sandwich  
Campfire Dog**  
*Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans*

**Pulled Chicken Sandwich  
Campfire Dog**  
*Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans*

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Claw & Grill**

*Garden Burgers &  
Chicken Available Daily*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Roaring  
Pizza**

**Hawaiian Pizza**  
*1 slice*  
**Cheese Pizza** *1 slice*  
**Pepperoni Pizza** *1 slice*

**Hawaiian Pizza**  
*1 slice*  
**Cheese Pizza** *1 slice*  
**Pepperoni Pizza** *1 slice*

**Hawaiian Pizza**  
*1 slice*  
**Cheese Pizza** *1 slice*  
**Pepperoni Pizza** *1 slice*

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Tiger's  
Cantina**

*MADE-TO-ORDER  
MEXICAN STATION  
AVAILABLE DAILY*

 **Quesadilla**  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

 **Quesadilla**  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

 **Quesadilla**  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Wok &  
Growl  
Mongolian  
Grill**

**Chinese BBQ Pork  
Chicken Teriyaki**  
**Asian Chicken**  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
**Asian Chicken**  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Chinese BBQ Pork  
Chicken Teriyaki**  
**Asian Chicken**  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Ramen  
Bowl**

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork**  
**Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork**  
**Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork**  
**Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

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**NUTRITION BAR**

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

**ENTRÉE SALAD OR DELI SANDWICH**  
Included as a meal & offered daily.

K-12 BY ELIOR



Vegetarian   
 Fresh Picks   
 Be Well 

# HIGH SCHOOL LUNCH- FEB 12-16

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

**Gr. Chile Philly Hoagie**  
 ½ c Potato Wedges  
 ½ c Cucumber Slices  
 ½ c Side Salad

**Turmeric Chicken  
and Rice Grain  
Bowl**  
 ½ c Baked Beans  
 ½ c Mashed Potatoes  
 ½ c Side Salad  
 ½ c Mardi Gras Slaw

**VALENTINE'S  
DAY**  
**Turkey Pot Pie Over a  
Biscuit**  
 ½ c Seasoned Corn  
 ½ c Broccoli/Ranch  
 ½ c Side Salad

**Chicken Alfredo/w  
Breadstick**  
 ½ c Green Beans  
 ½ c Baby Carrots  
 ½ c Side Salad

**Beef Goulash/w Roll**  
 ½ c Broccoli  
 ½ c Oven Roasted  
Tomatoes  
 ½ c Side Salad

**Tiger's Den  
Smoke  
House**

**Bama Chicken  
Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken  
Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken  
Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

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Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Bama Chicken  
Blazin' Hog**  
 Jalapeno Cheddar Cornbread  
 Homemade Dill Pickles  
 Homestyle Potato Salad  
 Camp Fire Baked Beans

**Claw & Grill**

*Garden Burgers &  
Chicken Available Daily*

**BBQ Bacon  
Hamburger**

*Potato Smiles*

**BBQ Bacon  
Hamburger**

*Potato Smiles*

**BBQ Bacon  
Hamburger**

*Potato Smiles*


**BBQ Bacon  
Hamburger**


*Potato Smiles*


**BBQ Bacon  
Hamburger**


*Potato Smiles*


**Roaring  
Pizza**

 **Veggie Lovers Pizza**  
 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza**  
 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza**  
 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza**  
 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

 **Veggie Lovers Pizza**  
 1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Tiger's  
Cantina**

*MADE TO ORDER  
MEXICAN STATION  
AVAILABLE DAILY*

**Carne Adovada Burrito**  
**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Carne Adovada Burrito**  
**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Carne Adovada Burrito**  
**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Carne Adovada Burrito**  
**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Carne Adovada Burrito**  
**MEXICAN STATION**  
 Taco Shells, Tortillas,  
 Seasoned Beef, Seasoned  
 Chicken, Assorted Beans,  
 Rice

**Wok &  
Growl  
Mongolian  
Grill**

**Chinese BBQ Pork  
Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
 Beijing Chicken  
 Fried Rice  
 Brown Rice  
 Noodles  
 Stir Fry Vegetables

**Ramen  
Bowl**

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
 Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

**NUTRITION BAR**




Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

**ENTRÉE SALAD OR DELI SANDWICH**

Included as a meal & offered daily.

K-12 BY ELIOR



Vegetarian   
Fresh Picks   
Be Well 

# HIGH SCHOOL LUNCH- FEB 19-23

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
*May be subject to amendment to reflect updated federal and state regulations*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

President's Day

NO SCHOOL

Chicken Drumstick/w  
Roll  
½ c Green Beans  
½ c Red Peppers  
½ c Side Salad

  
Tandoori Chicken/w  
Roll  
½ c Italian Veggies  
½ c Fresh Broccoli  
½ c Side Salad

Spaghetti/w Breadstick  
½ c Baked Beans  
½ c Baby Carrots  
½ c Side Salad

Meatball Hoagie  
½ c Seasoned Carrots  
½ c Herbed Tomatoes  
½ c Side Salad

**Tiger's Den  
Smoke  
House**

President's Day

NO SCHOOL

Pulled Pork Sandwich  
Bama Chicken  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

Pulled Pork Sandwich  
Bama Chicken  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

Pulled Pork Sandwich  
Bama Chicken  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

Pulled Pork Sandwich  
Bama Chicken  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Claw & Grill**

*Garden Burgers &  
Chicken Available Daily*

President's Day

NO SCHOOL

Grilled Teriyaki  
Chicken/w Asian  
Slaw Sandwich

Potato Smiles

Grilled Teriyaki  
Chicken/w Asian  
Slaw Sandwich

Potato Smiles

Grilled Teriyaki  
Chicken/w Asian  
Slaw Sandwich

Potato Smiles

Grilled Teriyaki  
Chicken/w Asian  
Slaw Sandwich

Potato Smiles

**Roaring  
Pizza**

President's Day

NO SCHOOL

Cheeseburger Pizza  
1 slice  
Cheese Pizza 1 slice  
Pepperoni Pizza 1 slice

Cheeseburger Pizza  
1 slice  
Cheese Pizza 1 slice  
Pepperoni Pizza 1 slice

Cheeseburger Pizza  
1 slice  
Cheese Pizza 1 slice  
Pepperoni Pizza 1 slice

Cheeseburger Pizza  
1 slice  
Cheese Pizza 1 slice  
Pepperoni Pizza 1 slice

**Tiger's  
Cantina**

*MADE-TO-ORDER  
MEXICAN STATION  
AVAILABLE DAILY*

President's Day

NO SCHOOL

Green Chili Chicken  
Enchiladas  
  
MEXICAN STATION  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

Green Chili Chicken  
Enchiladas  
  
MEXICAN STATION  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

Green Chili Chicken  
Enchiladas  
  
MEXICAN STATION  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

Green Chili Chicken  
Enchiladas  
  
MEXICAN STATION  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Wok &  
Growl  
Mongolian  
Grill**

President's Day

NO SCHOOL

Chinese BBQ Pork  
Chicken Teriyaki  
Orange Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

Chinese BBQ Pork  
Chicken Teriyaki  
Orange Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

Chinese BBQ Pork  
Chicken Teriyaki  
Orange Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Cauliflower

Chinese BBQ Pork  
Chicken Teriyaki  
Orange Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Ramen  
Bowl**

President's Day

NO SCHOOL

Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki  
 Boiled Egg  
Assorted Vegetable Bar

Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki  
 Boiled Egg  
Assorted Vegetable Bar

Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki  
 Boiled Egg  
Assorted Vegetable Bar

Ramen Bowl/w Choice  
of  
Chinese BBQ Pork  
Chicken Teriyaki  
 Boiled Egg  
Assorted Vegetable Bar

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NUTRITION BAR



Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR



Vegetarian   
Fresh Picks   
Be Well 

# HIGH SCHOOL LUNCH- FEB 26 – MAR 1

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.  
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.  
*May be subject to amendment to reflect updated federal and state regulations*

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily  
Regional,  
Comfort, &  
World  
Flavors**

**Crispy Chicken  
Bowl/w Breadstick**  
½ c Sweet Potato Fries  
½ c Fresh Cucumbers  
½ c Side Salad

 **Baked Ziti**  
½ c Black Beans  
½ c Roasted Zucchini  
½ c Side Salad

**Spicy Stuffed Biscuit**  
½ c Mexican Street Corn  
½ c Peas  
½ c Side Salad

**Frito Pie**  
½ c Honey Roasted Brussel Sprouts  
½ c Green Beans

**Shepherd's Pie**  
½ c Roasted Broccoli  
½ c Roasted Carrots  
½ c Side Salad

**Tiger's Den  
Smoke  
House**

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Pulled Chicken Sandwich  
Campfire Dog**  
Jalapeno Cheddar Cornbread  
Homemade Dill Pickles  
Homestyle Potato Salad  
Camp Fire Baked Beans

**Claw & Grill**

*Garden Burgers &  
Chicken Available Daily*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Chicken Bacon Ranch**  
  
*Tater Tots*

**Roaring  
Pizza**

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Hawaiian Pizza**  
1 slice  
**Cheese Pizza** 1 slice  
**Pepperoni Pizza** 1 slice

**Tiger's  
Cantina**

*MADE-TO-ORDER  
MEXICAN STATION  
AVAILABLE DAILY*

**Posole**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Taco Soup**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Bean & Cheese Burrito**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Posole**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Taco Soup**  
  
**MEXICAN STATION**  
Taco Shells, Tortillas,  
Seasoned Beef, Seasoned  
Chicken, Assorted Beans,  
Rice

**Wok &  
Growl  
Mongolian  
Grill**

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Stir Fry Vegetables

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Chinese BBQ Pork  
Chicken Teriyaki**  
Asian Chicken  
Fried Rice  
Brown Rice  
Noodles  
Roasted Broccoli

**Ramen  
Bowl**

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

**Ramen Bowl/w Choice  
of**  
**Chinese BBQ Pork  
Chicken Teriyaki**  
 **Boiled Egg**  
Assorted Vegetable Bar

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**NUTRITION BAR**

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

**ENTRÉE SALAD OR DELI SANDWICH**

Included as a meal & offered daily.

K-12 BY ELIOR





# SUPER SNACK FEBRUARY MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



2

5

Goldfish WG (1g)  
2 Cheese Stick (2m)  
¼ c Pears (.25)  
½ c Baby Carrots  
1% White Milk

6

WG Pretzels (1g)  
½ c Hummus (2m)  
1 Raisin Box (.25)  
.5 c Cucumber Slices  
1% White Milk

7

Asst Muffin (1g)  
2 Cheese Stick (2m)  
100% Fruit Juice (4oz)  
1/2c Baby Carrots/Ranch  
1% White Milk

8

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

9

**Parent Teacher  
Conference**  
  
**NO SCHOOL**

3

12

Turkey & Cheese  
Pinwheel WG (2m/2g)  
Orange Slices (.25 c)  
½ c Baby Carrots/Ranch  
1% White Milk

13

Goldfish WG (1g)  
Chicken Salad (2m)  
Apple (.5c)  
Celery Sticks/Ranch  
(.5c)  
1% White Milk

14

Pretzels WG (1g)  
3oz Ham Roll-ups (2m)  
100% Fruit Juice  
½ c Cucumber Slices  
1% White Milk

15

2 pkgs WG Graham  
Crackers WG (1g)  
2 Cheese Stick (2m)  
Pears (.25c)  
Celery Sticks/Ranch  
(.5c)  
1% White Milk

16

½ WG Bagel (2g)  
2oz Mozzarella (2m)  
Mandarin Orgs (.25c)  
Marinara Sauce (.5c)  
1% White Milk

4

19

**President's Day**  
  
**NO SCHOOL**

20

Turkey & Cheese Wrap  
(2m/2g)  
Pears (.25)  
Cucumber Slices (.5 c)  
1% White Milk

21

Simply Chex WG (1g)  
Asst Yogurt Cup (1m)  
1 Cheese Stick (1m)  
Apple (125ct)  
Broccoli/Ranch (.5c)  
1% White Milk

22

WG Pretzels (1g)  
½ c Hummus (2m)  
1 Raisin Box (.25)  
Celery Sticks (.5 c)  
1% White Milk

23

Tostitos WG (2g)  
Taco Meat (2m)  
1 oz Cheddar Shred (1m)  
Peaches Diced (.25 c)  
Tomato Salsa (1/2 cup)  
1% White Milk

26

Banana Bread (2 g)  
2 Cheese Stick (2m)  
100% Fruit Juice (4oz)  
½ c Baby Carrots/Ranch  
1% White Milk

27

Cheeze Its WG (1g)  
3 oz Ham Roll-ups (2m)  
100% Fruit Juice (4oz)  
Tomato Wedge (.5c)  
1% White Milk

28

Simply Chex WG (1g)  
½ c Hummus  
Apple (.5c)  
Celery Sticks/Ranch (.5c)  
1% White Milk

29

UBR Round WG (2g)  
2 Cheese Stick (2m)  
Craisins (.25c)  
Celery Sticks (.5c)/Ranch  
1% White Milk

