

Celebrate
National
Children's
Book Week
NOV 6-10th

NOVEMBER 2023

Middle School Lunch

Nov 2nd is
Cookie
Monsters 54th
Birthday

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
A: Spaghetti and Meat sauce/w Breadstick
B: Hot Dog
½ c Italian Vegetables
½ c Broccoli

2

A: Frito Pie
B: Chicken Tenders
½ c Baked Beans
½ c Mashed Potatoes
Chocolate Chip Cookie

3
A: Pepperoni or Cheese Pizza
B: Corn Dog
½ c Herbed Tomatoes
½ c Fresh Cucumbers

6
National Nacho Day
 A: Nachos
B: Chicken Nuggets
½ c Baby Carrots
½ c Peas

7
 A: Bean and Cheese Burrito
B: Mini Corndog
½ c Corn
½ c Fresh Bell Peppers

8

A: Casado Rice Bowl/w Chicken
B: Quesadilla
½ c Italian Vegetables
½ c Fresh Baby Carrots

9
A: BBQ Chicken Thigh /w Roll
B: Grilled Cheese
½ c Mashed Potatoes
½ c Baked Beans

10
Veterans Day Holiday

13
A: Philly Cheesesteak/w Gr. Chili
B: Cheeseburger
½ c Mashed Potatoes
½ c Cucumbers

14
A: Tamale/w Side of Nachos
B: Chicken Nuggets
½ c Refried Beans
½ c Maple Glazed Butternut Squash and Apples

15
A: Hot Dog
B: Macaroni and Cheese
½ c Seasoned Corn
½ c Garden Salad

16
A: Chicken Drumstick/w Roll
B: Pulled Pork Sandwich
½ c Steamed Peas
½ c Baby Carrots

17
Sliced Oven Roasted Turkey/w Roll
½ c Mashed Potatoes and Gravy
½ c Green Beans
¼ c Cranberry Sauce
Pumpkin Square

20
Fall Break/Thanksgiving Holiday



27
A: Crispy Chicken Bowl/w Breadstick
B: Cheeseburger
½ c Sweet Potato Waffle fries
½ c Fresh Cucumbers

28
A: Beef Walking Taco
B: Chicken Nuggets
½ c Seasoned Black Beans
½ c Garden Salad

29
A: Chicken A La King
B: Hotdog
½ c Seasoned Corn
½ c Steamed Peas

30
A: Lemon Pepper Chicken Drumstick/w Roll
B: Grilled Cheese
½ c Cucumbers
½ c Fresh Baby Carrots



NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

ENTREE SALAD or DELI SANDWICH

included with your meal and offered daily

Vegetarian (Ovo-Lacto)

Fresh Picks

This institution is an equal opportunity provider