

Celebrate  
National  
Children's  
Book Week  
NOV 6-10th

# NOVEMBER 2023

ELEMENTARY  
LUNCH

Nov 2<sup>nd</sup> is  
Cookie  
Monsters  
54<sup>th</sup> Birthday



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6  
**National Nacho Day**  
✓ **A: Nachos**  
**B: Chicken Nuggets**  
½ c Fresh Baby Carrots  
½ c Peas

7  
✓ **A: Bean and Cheese Burrito**  
**B: Mini Corn Dogs**  
½ c Seasoned Corn  
½ Fresh Broccoli

8  
 **CHILDREN'S BOOK WEEK**  
**A: Casado Rice Bowl/w Chicken**  
✓ **B: Quesadilla**  
½ c Italian Vegetables  
½ c Sweet Potato Fries

9  
**A: BBQ Chicken Thigh/w Roll**  
✓ **B: Grilled Cheese**  
½ c Mashed Potatoes  
½ c Baked Beans

10  
**Veterans Day Holiday**

13  
**A: Philly Cheesesteak/w Gr. Chili**  
**B: Cheeseburger**  
½ c Mashed Potatoes  
½ c Cucumbers

14  
**A: Tamale/w Side of Nachos**  
**B: Chicken Nuggets**  
½ c Refried Beans  
½ c Maple Glazed Butternut Squash and Apples

15  
✓ **A: Hot Dog**  
**B: Macaroni and Cheese**  
½ c Seasoned Corn  
½ c Garden Salad

16  
**A: Chicken Drumstick/w Roll**  
✓ **B: Grilled Cheese**  
½ c Homemade Pickles  
½ c Fresh Baby Carrots

17  
**Sliced Oven Roasted Turkey/w Roll**  
½ c Mashed Potatoes and Gravy  
½ c Green Beans  
¼ c Cranberry Sauce  
Pumpkin Square

20  
**Fall Break/Thanksgiving Holiday**



**FRESH PICKS**



27  
**A: Crispy Chicken Bowl/w Breadstick**  
**B: Cheeseburger**  
½ c Sweet Potato Waffle fries  
½ c Fresh Cucumbers

28  
**A: Beef Walking Taco**  
**B: Chicken Nuggets**  
½ c Seasoned Black Beans  
½ c Garden Salad

29  
**A: Spicy Stuffed Biscuit**  
**B: Hotdog**  
½ c Mexican Street Corn  
½ c Steamed Peas

30  
**A: Oven Fried Chicken**  
✓ **B: Grilled Cheese**  
½ c Honey Roasted Brussel Sprouts  
½ c Homemade Pickles



## NUTRITION BAR

Included with your meal and offered daily.  
Choose from a variety of fresh fruits or vegetables.

✓ Vegetarian (Ovo-Lacto)  
F Fresh Picks

For questions and comments, please email the Food Service Director at [Mark.House@k12byelior.com](mailto:Mark.House@k12byelior.com)

This institution is an equal opportunity provider

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