

# OCTOBER 2023

## Holloman Middle School Lunch

Celebrate National School Lunch Week October 9-13th

MONDAY

**A: Cheese Quesadilla** <sup>02</sup>   
**B: Cheeseburger**  
 ½ c Mashed Potatoes  
 ½ c Fresh Cucumbers



*Indigenous Peoples Day  
No School*

<sup>16</sup>  
**A: BBQ Bird Dawg**  
**B: Hamburger**  
 ½ c potato wedges  
 ½ c Garden Salad

<sup>23</sup>  
**A: Lemon Pepper Chicken Sandwich**  
**B: Hamburger**  
 ½ c Potato Wedges  
 ½ c Garden Salad

<sup>30</sup>  
**A: Pancakes and eggs**   
**B: Club Sandwich**  
 ½ c Tater Gems  
 ½ c Roasted Carrots

TUESDAY

<sup>03</sup>  
**A: Tamale/w Side of Nachos**   
**B: Chicken Nuggets**  
 ½ c Pinto Beans  
 ½ c Garden Salad

<sup>10</sup>  
**A: Teriyaki Chicken/w Rice**  
**B: Chicken Tenders**  
 ½ c French Fries  
 ½ c Fresh Bell Peppers

<sup>17</sup>  
**A: Beef Walking Taco**  
**B: Chicken Nuggets**  
 ½ c Black Beans  
 ¼ c Salsa  
 ½ c Garden Salad

<sup>24</sup>  
**A: Sweet and Sour Chicken/w Rice**  
**B: Chicken Tenders**  
 ½ c Asian Veggies  
 ½ c Fresh Bell Peppers

<sup>31</sup>  
**A: Grilled Chicken/w Cilantro Rice**  
**B: Cheeseburger**  
 ½ c Fresh Broccoli  
 ½ c Herbed Tomatoes

WEDNESDAY

<sup>04</sup>  
**National TaCo Day**  
**A: Beef Taco Bar**  
**B: Macaroni and Cheese**   
 ½ c Seasoned Corn  
 ½ c Green Beans

<sup>11</sup>  
**A: Macaroni & Cheese**   
**B: Corndog**  
 ½ c Italian Veggies  
 ½ c Broccoli  
 1/2c Garden Salad

<sup>18</sup>  
**A: Chicken a la King**  
**B: Hotdog**  
 ½ c Mexican Street Corn  
 ½ c Steamed Peas  
 ½ c Warm Cinnamon Apples- 

<sup>25</sup>  
**A: Chicken Alfredo/w Breadstick**  
**B: Corndog**  
 ½ c Italian Veggies  
 ½ c Fresh Broccoli



THURSDAY


<sup>05</sup>  
**A: Baked Chicken/w Roll**  
**B: Pulled Pork Sandwich**  
 ½ c Steamed Broccoli  
 ½ c Baby Carrots

<sup>12</sup>  
**A: Frito Pie**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Fresh Baby Carrots

<sup>19</sup>  
**A: Lemon Pepper Chicken**  
**B: Grilled Cheese**   
 ½ c Honey Roasted Brussel Sprouts  
 ½ c Cucumbers

<sup>27</sup>  
**National Pumpkin Day**  
**A: Loaded Potato Bar**  
**B: Fish Sandwich**  
 ½ c Baked Beans  
 ½ c Garden Salad  
 Pumpkin Square

FRIDAY

<sup>06</sup>  
**A: Pepperoni or Cheese Pizza**   
**B: Chicken Patty Sandwich**  
 ½ c Baby Carrots  
 ½ c Fresh Broccoli

<sup>13</sup>  
**A: Meatball Hoagie**  
**B: Cordon Bleu Chicken Sandwich**  
 ½ c Seasoned Carrots  
 ½ c Herbed Tomatoes

<sup>20</sup>  
**A: Pepperoni or Cheese Pizza**   
**B: Chicken Patty Sandwich**  
 ½ c Steamed Broccoli  
 ½ c Fresh Baby Carrots

<sup>27</sup>  
**A: Italian Dunkers**   
**B: Hawaiian Chicken Sandwich**  
 ½ c Carrots  
 ½ c Herbed Tomatoes



### NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

ENTREE SALAD or DELI SANDWICH included with your meal and offered daily

 Vegetarian (Ovo-Lacto)  
 Fresh Picks

This institution is an equal opportunity provider