



May 2023

ELEMENTARY LUNCH



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 Sloppy Joe on a Bun Tater Tots ½ c Carrots ¼ c Pears ½ c Assorted Fresh Fruit ½ c ALT: Chicken Nuggets w. Roll</p>	<p>2 Sweet & Sour Chicken Brown Rice ½ c Steamed Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c ALT: Cheeseburger</p>	<p>3 Beef Soft Tacos Carrots ½ c Mixed Vegetables ¼ c Peaches ½ c Assorted Fresh Fruit ½ c ALT: Cheese Quesadilla</p>	<p>4 Green Chile Pork Burrito 1 serving ½ c Pinto Beans ½ c Cole slaw ¼ c Mandarin Oranges ½ c Assorted Fresh Fruit ½ c</p>	<p>5 Freshly Made Cheese or Pepperoni Pizza Garden Salad 1 c Sliced Cucumber ¼ c Peaches ½ c Assorted Fresh Fruit ½ c ALT: Chicken Patty Sandwich</p>
<p>8 Mac & Cheese 1 serving Baby Carrots ½ c Peas ¼ c Fruit Cocktail ½ c Assorted Fresh Fruit ½ c ALT: Chicken Nuggets w. Roll</p>	<p>9 Shepard's Pie (Beef & Mashed Potatoes) Corn ¼ c Broccoli ½ c Peaches ½ c Assorted Fresh Fruit ½ c ALT: Hamburger</p>	<p>10 Cheeseburger Sliders 1 serving Tater Tots ½ c Carrots ¼ c Applesauce ½ c Assorted Fresh Fruit ½ c ALT: Grilled Cheese</p>	<p>11 ALT: Hot Dog BBQ Chicken 1 serv WG Dinner Roll 1 ea Baked Beans ½ c Sweet Potato Fries 1 c Pears ½ c Assorted Fresh Fruit ½ c ALT: Corn Dog</p>	<p>12 Chicken Cacciatore Dinner Roll 1 serv Garden Salad 1 c Italian Vegetables ½ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c Alt: Chicken Patty Sandwich</p>
<p>15 Hot Ham & Cheese Sliders Peas & Carrots ½ c Celery Sticks ½ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c ALT: Chicken Nuggets w. Roll</p>	<p>16 Chicken Teriyaki Brown Rice Corn ½ c Broccoli ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c ALT: Cheeseburger</p>	<p>17 Chili Cheese Potato Wedges Pinto Beans Pizzaz ½ c Mix Vegetable Blend ¼ c Applesauce ½ c Assorted Fresh Fruit ½ c v ALT: Cheese Quesadilla</p>	<p>18 Chicken & Cheese Quesadilla Baby Carrots ½ c Mixed Vegetables ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c ALT: Hot Dog</p>	<p>19 Cheesy Breadsticks w. Marinara v Garden Salad 1 c Mixed Vegetables ¼ c Peaches ½ c Assorted Fruit ½ c ALT: Chicken Patty Sandwich</p>
<p>22 Penna Pomodoro Baby Carrots ½ c Celery Sticks ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c ALT: Chicken Nuggets w. Roll</p>	<p>23 Bacon Ranch Chicken Sandwich Vegetarian Beans ½ c Garden Salad 1 c Fruit Cocktail ½ c Assorted Fresh Fruit ½ c ALT: Hamburger</p>	<p>24 Chef's Choice</p>	<p>25 Chef's Choice</p>	<p>26 Chef's Choice Last Day of School</p>
29	30	31		

Have a Great Summer

NUTRITION BAR Choose from a variety of fresh fruits or vegetables. ½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at xxx@email.com or call xxx-xxx-xxxx

K 12 BY ELIOR
BeWell Healthy Choice
v Vegetarian (Ovo-Lacto)
L Local
F Fresh Picks
This institution is an equal opportunity provider