APRIL 2023

ALAMOGORDO BREAKFAST MENU

Due to supply chain demands, menu is subject to change.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	27	28	29 **Biscuit & Sausage Gravy** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	30 **Fruit & Yogurt Parfait** 1 ea. **Assorted WG Cereal** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	31 **Apple Cinnamon Muffin** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate
4	3 **Waffle** **Syrup** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	4 Fresh **Cinnamon Roll 1ea** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	5 **Ham Egg & Cheese Biscuit** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	6 **Breakfast Pizza** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	7 **NO SCHOOL**
1	10 **NO SCHOOL**	11 **Homemade Warm Banana Muffin** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	12 **Cinnamon Donut** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	13 **Egg & Cheese Burrito** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	14 **Breakfast Bar** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate
2	17 **Breakfast Pizza** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	18 **Overnight Stuffed French Toast** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	19 **Chocolate Glazed Donut** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	20 **Pancakes w/syrup** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	21 **Egg, Potato & Cheese Scramble w. Corn Tortilla** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate
3	24 **Glazed Donut** **Assorted WG Cereal** **Graham Crackers** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	25 **Fruit & Yogurt Parfait** 1 ea. **Assorted WG Cereal** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	26 **Egg & Potato Cheese Scramble, Toast** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	27 **Coffee Cake** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate	38 **Blueberry Muffin** **Assorted WG Cereal** **Graham Cracker** 100% Fruit Juice Fresh Fruit 1% Milk Skim Chocolate

Key: BeWell Healthy Choice Vegetarian (Ovo-Lacto) V Local L

This institution is an equal opportunity provider

For questions and comments, please email the Food Service Director at ***Mark.Skutnik@k12byelior.com*** or call ***575.640.4921***

ELIOR NORTH AMERICA

APRIL 2023

ELEMENTARY LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
27	28	29 **Spaghetti-Meat Sauce** Peas ¼ c Baby Carrots ½ c V Applesauce Assorted Fresh Fruit **ALT: Corn Dog**	30 **Meatloaf** Mashed Potatoes 1/2 c w/gravy Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit **ALT: Cheese Quesadilla**	31 **Chicken Fried Rice** Garden Salad 1 c Green Beans ½ c Sliced Pears ½ c Assorted Fresh Fruit ½ c **Alt: Fish Sticks**
3 **Sloppy Joe** Tater Tots ½ c V Carrots ¼ c Pears ½ c Assorted Fresh Fruit ½ c **ALT: Chicken Sandwich**	4 **Sweet & Sour Chicken** **Steamed Brown Rice** 1 serving V Steamed Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c **ALT: Cheeseburger**	5 **Beef Soft Tacos** 2ea Pinto Beans ½ cup Roasted Street Corn ¼c Peaches ½ c Assorted Fruit ½ c **ALT: Chicken Nuggets**	6 **Grilled Ham & Cheese Sandwich w/ Tomato Soup** 1 ea Mixed vegetables ¼ c Celery Sticks ½ c Mandarin Oranges ½ c Assorted Fresh Fruit ½ c **ALT: Corn Dog**	7 **NO SCHOOL**
10 **NO SCHOOL**	11 **Shephard's Pie** 1 serv Seasoned Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c **ALT: Cheese Quesadilla**	12 **Cheeseburger sliders** 2 ea Corn Cobbett½ c Tater Tots ¼ c Applesauce ½ c Assorted Fresh Fruit ½ c V **ALT: Grilled cheese**	13 **BBQ Chicken** 1 serv WG Dinner Roll 1 ea Baked Beans ½ c Mashed Potatoes ¼ c Sliced Pears ½ c Assorted Fresh Fruit ½ c V **ALT: Corn Dog**	14 **Chicken Cacciatore** V Garden Salad 1 c Ranch Dressing 1 pk Italian Vegetables ¼ c Pineapple Tidbits ½c Assorted Fresh Fruit ½ c **ALT: Fish Tacos 2 ea**
17 **Chicken Pho** **3 Cheese Grilled Cheese** 1 serving Sweet Potato Fries ½c Mixed Vegetables 1/4c Fruit Cocktail ½ c Assorted Fresh Fruit ½ c **ALT: Chicken Nuggets**	18 **Hot Ham & Cheese Sliders** 1 ea Corn ½ c Broccoli ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c **ALT: Cheeseburger**	19 **Chicken & Cheese Quesadilla** 1 serv Roasted Sweet Potatoes ½ c Costa Rican Black Bean and rice ¼ c Applesauce ½ c Assorted Fresh Fruit ½ c **ALT: Hot Dog**	20 **Chili Cheese Potato Wedges** Steamed Broccoli ½ c Mixed Vegetables ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c **ALT: Cheese Quesadilla**	21 **Freshly Made Cheese or Pepperoni Pizza** Garden Salad 1 c Italian Vegetable ¼ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c **ALT: Fish Sandwich w/ cheese**
24 **Penne Pomodoro** 1 serving Peas & Carrots ½ c Celery Sticks ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c **ALT: Chicken Nuggets**	25 **Bacon Ranch Chicken Sandwich** 1 serving Beans ½ c Cucumber ¼ c Fruit Cocktail ½ c Assorted Fresh Fruit ½ c **ALT: Grilled Cheese**	26 **Bean & Cheese Burrito** Pinto Beans ½ cup Fresh Broccoli ¼ c Peaches ½ c Assorted Fruit ½ c **ALT: Cheese Quesadilla**	27 **Meatballs Marinara w/roll** Mixed vegetables ¼ Celery Sticks ½ c Pineapple Tidbits ½ c Assorted Fresh Fruit **ALT: Corn Dog**	28 **Tuna Melt 1 ea** Green Beans ½ c Sliced Pears ½ c Fresh Fruit ½ c **ALT: Chicken Nugget**

Choose from a variety of fresh fruits or vegetables.
½ cup fruit option and milk included with your meal and offered daily.

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K 12 BY ELIOR

- BeWell Healthy Choice
- V Vegetarian (Ovo-Lacto)
- L Local
- Fresh Picks

This institution is an equal opportunity provider

MS MENU APRIL 2023

Assorted Salads and Sandwiches are Served Daily

6-8 Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	27	28	29 **Spaghetti w/ Meat Sauce** **Cheeseburger/ Hamburger** Peas ½ c Carrots ½ c Rosy Applesauce ½c Fresh Fruit ½ c	30 **Meatloaf** **Cheese Quesadilla** Mashed Potatoes 1/2 c w/gravy Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit	31 **Chicken Fried Rice** **Fish Sticks** Garden Salad 1 c Green Beans ½ c Sliced Pears ½ c Fresh Fruit ½ c
4	3 **Sloppy Joe** **Grilled Cheese** Tater Tots ½ c Carrots ¼ c Pears ½ c Assorted Fresh Fruit ½ c	4 **Sweet & Sour Chicken** 1 serving Steamed Brown Rice **Cheeseburger** Steamed Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit	5 **Beef Soft Tacos** 2ea **Chicken Nuggets** Pinto Beans ½ cup Roasted Street Corn ¼c Peaches ½ c Assorted Fruit ½ c	6 **Grilled Ham & Cheese w/ Tomato Soup** 1 ea **Corn Dog** Mixed vegetables ¼ c Celery Sticks ½ c Mandarin Oranges Assorted Fresh Fruit	7 **NO SCHOOL**
1	10 **NO SCHOOL**	11 **Shephard's Pie** **Cheese Quesadilla** Seasoned Broccoli ¼ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c	12 **Cheeseburger sliders** 2 ea **Grilled Cheese** Corn Cobbett½ c Green Beans ¼ c Applesauce ½ Assorted Fresh Fruit	13 **BBQ Chicken** 1 serv WG Dinner Roll 1ea **Hamburger** Baked Beans ½ c Steamed Broccoli ¼ c Sliced Pears ½ c Assorted Fresh Fruit	14 **Chicken Cacciatore Or Grilled Cheese** 1 ea Garden salad ½ c Italian Mix Veggies ½ c Mixed Fruit ½ c Assorted Fresh Fruit ½ c
2	17 **Chicken Pho w/ Grilled Cheese** **Chicken Nuggets** Carrots ½ c Tater Tots ½ c Diced Pears ½ c Assorted Fresh Fruit ½ c	18 **Hot Ham & Cheese Sliders** 1 ea **Cheeseburger** Corn ½ c Broccoli ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit	19 **Chicken Cordon Bleu** **Corn Dog** Cucumber ¼ c Green Beans ½ c Applesauce ½ c Assorted Fresh Fruit	20 **Chili Cheese Potato Wedges** **Chicken Sandwich** Steamed Broccoli ½ c Mixed Vegetables ¼ c Pineapple Tidbits ½ c Assorted Fresh Fruit ½ c	21 **Freshly Made Cheese or Pepperoni Pizza** **Fish Sandwich w/ cheese** Garden Salad 1 c Italian Vegetable ¼ c Mixed Fruit ½ c Assorted Fresh Fruit
3	24 **Penne Pomodoro** 1 serving **Cheeseburger** Peas & Carrots ½ c Celery Sticks ¼ c Pineapple Tidbits ½ Assorted Fresh Fruit	25 **Bacon Ranch Chicken Sandwich** 1 serving **Chicken Nuggets** Steamed corn ½ c Tomato Wedge ¼ c Assorted Fresh Fruit Fruit Cocktail	26 **Bean & Cheese Burrito** **Cheese Quesadilla** Pinto Beans ½ cup Fresh Broccoli ¼ c Peaches ½ c Assorted Fruit ½ c	27 **Meatballs Marinara w/roll** **Ham & Cheese Hoagie** Mixed vegetables ¼ Celery Sticks ½ c Pineapple Tidbits ½ c Assorted Fresh Fruit	28 **Tuna Melt 1 ea &** **Chicken Sandwich** Sweet Potato Tots ½ c Green Beans ½ c Sliced Pears ½ c Fresh Fruit ½ c

Key: BeWell Healthy Option · Vegetarian (Ovo-Lacto) · V Local · L Fresh Picks · FP

Mark Skutnik@K12byelior.com

Menu Key: *FP = Fresh Pick• WG = Whole Grain*

This institution is an equal opportunity provider

HIGH SCHOOL LUNCH– APRIL 3rd – APRIL 7th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.

May be subject to amendment to reflect updated federal and state regulations

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
classic KITCHEN Daily Regional, Comfort, and World Flavors	**Spaghetti with Meat Sauce** *1 each* *Italian seasoned ground beef sauce with whole grain noodles*	**Country Chicken Bowl** *1 serving* *Mashed Potatoes topped with popcorn chicken and country gravy*	**Chicken Cordon Bleu** *1 each* *Chicken Fillet , Ham, with Melty and Crusty Swiss Cheese*	**Meatloaf** *1 each* Savory, seasoned beef loaf, topped with a rich meat sauce	No School
thelocal DELI Daily Grab and go items Available Daily	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	No School
&flame Burgers, Garden Burgers and Chicken Available Daily	**Bacon Cheeseburger** *1 each* *Beef patty topped with, bacon & cheese*	**Bacon Cheeseburger** *1 each* *Beef patty topped with, bacon & cheese*	**Bacon Cheeseburger** *1 each* *Beef patty topped with, bacon & cheese*	**Bacon Cheeseburger** *1 each* *Beef patty topped with, bacon & cheese*	No School
sauce + stone Favorite Italian Specialties	**Hawaiian Pizza** *1 slice* **Cheese Pizza** *1 slice* **Veggie Pizza** *1 slice* **Pepperoni Pizza** *1 slice*	**Hawaiian Pizza** *1 slice* **Cheese Pizza** *1 slice* **Veggie Pizza** *1 slice* **Pepperoni Pizza** *1 slice*	**Hawaiian Pizza** *1 slice* **Cheese Pizza** *1 slice* **Veggie Pizza** *1 slice* **Pepperoni Pizza** *1 slice*	**Hawaiian Pizza** *1 slice* **Cheese Pizza** *1 slice* **Veggie Pizza** *1 slice* **Pepperoni Pizza** *1 slice*	No School
streetfood 1	**Fajita Chicken** *1 serving* *Available Daily* **MADE-TO-ORDER MEXICAN STATION** **Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice, Fajita Vegetables**	**Fajita Chicken** *1 serving* *Available Daily* **MADE-TO-ORDER MEXICAN STATION** **Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice, Fajita Vegetables**	**Fajita Chicken** *1 serving* *Available Daily* **MADE-TO-ORDER MEXICAN STATION** **Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice, Fajita Vegetables**	**Fajita Chicken** *1 serving* *Available Daily* **MADE-TO-ORDER MEXICAN STATION** **Seasoned Beef, Seasoned Chicken, Assorted Beans, Rice, Fajita Vegetables**	No School
seasons HARVEST Mongolian Grill	**Spicy Pork** **Chicken Teriyaki** **Sweet & Sour Breaded Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Sweet & Sour Breaded Chicken** Fried Rice Garlic Ginger Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Sweet & Sour Breaded Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Sweet & Sour Breaded Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	No School
Fresh Fruits & Vegetables		**½ c Corn** **½ c Broccoli** **2 ea Fresh Banana**	**¼ c Italian Vegetables** **¾ c Roasted Sweet Potatoes** **1 c Fresh Pear**	**½ c Baked Beans** **½ c Mashed Potatoes** **1 c Fresh Grapes**	**1 c Garden Salad** **½ c Roasted Cauliflower** **1 c Orange Smiles**

BeWell Healthy Choice menu options

V Vegetarian, Ovo-Lacto; May Contain Eggs and Milk

L Local: Nutrition Services Supports our Area Farmers

* All menu items meet whole grain rich menu requirements

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Please notify your manager if you have any special dietary needs.

Please inform the server of any major food allergy you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

K-12 BY ELIOR

HIGH SCHOOL LUNCH– APRIL 10th thru APRIL 14th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.

May be subject to amendment to reflect updated federal and state regulations

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
classic KITCHEN Daily Regional, Comfort, and World Flavors	No School	**Baja Chicken with Cilantro Lime Rice** *1 serving* *Diced chicken and pico tomato salsa served with cilantro lime rice*	**Ground Beef Stroganoff** *1 serving* *Seasoned Ground Beef in a Creamy Mushroom Sauce*	**House-made BBQ Pork Sandwich** 1 each Slow cooked pork with a zesty BBQ sauce	**Beef and Mac** *1 serving* A blend of shredded cheeses, in a creamy sauce with ground beef
the local DELI Daily Grab and go items Available Daily	No School	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**
flame Burgers, Garden Burgers and Chicken Available Daily	No School	**Mushroom Swiss Burger** *1 serving* Beef patty with caramelized mushrooms and Swiss cheese on a bun	**Mushroom Swiss Burger** *1 serving* Beef patty with caramelized mushrooms and Swiss cheese on a bun	**Mushroom Swiss Burger** *1 serving* Beef patty with caramelized mushrooms and Swiss cheese on a bun	**Mushroom Swiss Burger** *1 serving* Beef patty with caramelized mushrooms and Swiss cheese on a bun
sauce + stone Pepperoni and Cheese Available Daily	No School	**Buffalo Chicken Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*	**Buffalo Chicken Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*	**Buffalo Chicken Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*	**Buffalo Chicken Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza*** *1 slice*
streetfood	No School	**Pork Red Pozole soup** *1 serving* Made with pork and red chile broth. **MADE-TO-ORDER MEXICAN STATION**	**Pork Red Pozole soup** *1 serving* Made with pork and red chile broth. **MADE-TO-ORDER MEXICAN STATION**	**Pork Red Pozole soup** *1 serving* Made with pork and red chile broth. **MADE-TO-ORDER MEXICAN STATION**	**Pork Red Pozole soup** *1 serving* Made with pork and red chile broth. **MADE-TO-ORDER MEXICAN STATION**
seasons HARVEST Mongolian Grill	No School	**Spicy Pork** **Chicken Teriyaki** **Beijing Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beijing Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beijing Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beijing Chicken** Fried Rice Brown Rice Noodles Stir Fry Vegetables
Fresh Fruits & Vegetables	½ c **Tater Tots** ¾ c **Fresh Carrots** 1 c **Apple Wedges**	½ c **Patatas Bravas** ½ c **Broccoli** 2 ea **Fresh Banana**	½ c **Asian Style Veggies** ½ c **Roasted Squash** 1 ea **Pear**	½ c **Baked Beans** ½ c **Cole Slaw** 1 c **Fresh Grapes**	1 c **Garden Salad** ½ c **Italian Vegetables** 1 c **Orange Smiles**

BeWell Healthy Choice menu options
V Vegetarian, Ovo-Lacto; May Contain Eggs and Milk
L Local: Nutrition Services Supports our Area Farmers
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K-12 BY ELIOR

HIGH SCHOOL LUNCH– APRIL 17TH THRU APRIL 21st

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.

May be subject to amendment to reflect updated federal and state regulations

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
classic KITCHEN Daily Regional, Comfort, and World Flavors	***3 Cheese Grilled Cheese*** 1 *1 each* A blend of three cheese, grilled on to toasted bread slices	**Beef Baked Lasagna** *1 each* *Beef Baked Penne Pasta with onion, green peppers in a hearty meat sauce*	**Chicken Alfredo** *1 each* Savory Alfredo Sauce with chicken	**BBQ Chicken Thigh** *1 serving* Sweet & smoky BBQ glazed chicken thigh served with a WG roll	***Hot Ham & cheese Sliders*** *2 Per serving* Hot ham and melty American cheese served on two warm wheat rolls
thelocal DELI Daily Grab and go items Available Daily	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**
flame Burgers, Garden Burgers and Chicken Available Daily	**Chili Cheeseburger** *1 each* Beef patty topped with chili & cheese	**Chili Cheeseburger** *1 each* Beef patty topped with chili & cheese	**Chili Cheeseburger** *1 each* Beef patty topped with chili & cheese	**Chili Cheeseburger** *1 each* Beef patty topped with chili & cheese	**Chili Cheeseburger** *1 each* Beef patty topped with chili & cheese
sauce + stone	**Meat Extravaganza Pizza** **1 slice** **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza 1 slice***	**Meat Extravaganza Pizza** **1 slice** **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza 1 slice***	**Meat Extravaganza Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza 1 slice***	**Meat Extravaganza Pizza** **1 slice** **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza 1 Slice***	**Meat Extravaganza Pizza** **1 slice** **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza 1 Slice***
streetfood 1	**Verde Chicken Enchilada** *1 serving* Pulled chicken, house-made green chili sauce & cheese MADE-TO-ORDER MEXICAN STATION	**Verde Chicken Enchilada** *1 serving* Pulled chicken, house-made green chili sauce & cheese MADE-TO-ORDER MEXICAN STATION	**Verde Chicken Enchilada** *1 serving* Pulled chicken, house-made green chili sauce & cheese MADE-TO-ORDER MEXICAN STATION	**Verde Chicken Enchilada** *1 serving* Pulled chicken, house-made green chili sauce & cheese MADE-TO-ORDER MEXICAN STATION	**Verde Chicken Enchilada** *1 serving* Pulled chicken, house-made green chili sauce & cheese MADE-TO-ORDER MEXICAN STATION
seasons HARVEST Mongolian Grill	**Spicy Pork** **Chicken Teriyaki** **Beef & Broccoli** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beef & Broccoli** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beef & Broccoli** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beef & Broccoli** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Beef & Broccoli** Fried Rice Brown Rice Noodles Stir Fry Vegetables
Fresh Fruits & Vegetables	½ c Green Peas ½ c Fresh Carrots 1 c Apple Wedges	½ c Corn ½ c Broccoli 2 ea Fresh Banana	¼ c Italian Vegetables ¾ c Roasted Sweet Potatoes 1 c Fresh Pear	½ c Baked Beans ½ c Mashed Potatoes 1 c Fresh Grapes	1 c Garden Salad ½ c Roasted Cauliflower 1 c Orange Smiles

BeWell Healthy Choice menu options

V Vegetarian, Ovo-Lacto; May Contain Eggs and Milk

L Local: Nutrition Services Supports our Area Farmers

* All menu items meet whole grain rich menu requirements

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K-12 BY ELIOR

HIGH SCHOOL LUNCH–APRIL 24th thru APRIL 26th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.
May be subject to amendment to reflect updated federal and state regulations

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
classic KITCHEN Daily Regional, Comfort, and World Flavors	**French Toast Sticks w/Cheesy Eggs Syrup** *1 serving* Tasty Maple Flavored French Toast with Cheesy Eggs Breakfast Syrup	**Chicken & Rice Casserole** 1 Serving Homemade creamy Chicken and Rice Casserole.	**Chicken Cordon Beu** *1 each* Savory sliced ham, seasoned pork, mustard and swiss cheese	**loaded Baked Potato Bar** *1 serving* Hot baked potato with a variety of protein and vegetable toppings	V **Beef and Mac** *1 serving* A blend of shredded cheeses, in a creamy sauce with ground beef
thelocal DELI Daily Grab and go items Available Daily	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**	**Hot Dog** **Corn Dog** **Frito Pie** **Nachos** **Meatball Sub**
flame Burgers, Garden Burgers and Chicken Available Daily	**Chicken Salad Sandwich** *1 serving* Chicken Chunks in a creamy sauce	**Chicken Salad Sandwich** *1 serving* Chicken Chunks in a creamy sauce	**Chicken Salad Sandwich** *1 serving* Chicken Chunks in a creamy sauce	**Chicken Salad Sandwich** *1 serving* Chicken Chunks in a creamy sauce	**Chicken Salad Sandwich** *1 serving* Chicken Chunks in a creamy sauce
sauce + stone	**Chicken & Spinach Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie Pizza*** *1 slice*	**Chicken & Spinach Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*	**Chicken & Spinach Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*	**Chicken & Spinach Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* ***Veggie*** **Pizza** *1 slice*	**Chicken & Spinach Pizza** *1 slice* **Cheese Pizza** *1 slice* **Pepperoni Pizza** *1 slice* **Veggie Pizza** *1 slice*
streetfood 1	**Cheesy Sriracha Quesadilla** *1 serving* Cheesy quesadilla with spicy Sriracha sauce MADE-TO-ORDER MEXICAN STATION	**Cheesy Sriracha Quesadilla** *1 serving* Cheesy quesadilla with spicy Sriracha sauce MADE-TO-ORDER MEXICAN STATION	**Cheesy Sriracha Quesadilla** *1 serving* Cheesy quesadilla with spicy Sriracha sauce MADE-TO-ORDER MEXICAN STATION	**Cheesy Sriracha Quesadilla** *1 serving* Cheesy quesadilla with spicy Sriracha sauce MADE-TO-ORDER MEXICAN STATION	**Cheesy Sriracha Quesadilla** *1 serving* Cheesy quesadilla with spicy Sriracha sauce MADE-TO-ORDER MEXICAN STATION
seasons HARVEST Mongolian Grill	**Spicy Pork** **Chicken Teriyaki** **Honey Sriracha** **Chicken Bowl** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Honey Sriracha** **Chicken Bowl** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Honey Sriracha** **Chicken Bowl** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Honey Sriracha** **Chicken Bowl** Fried Rice Brown Rice Noodles Stir Fry Vegetables	**Spicy Pork** **Chicken Teriyaki** **Honey Sriracha** **Chicken Bowl** Fried Rice Brown Rice Noodles Stir Fry Vegetables
Fresh Fruits & Vegetables	½ c **Tater Tots** ½ c **Fresh Carrots** 1 c **Apple Wedges**	½ c **Pinto Beans** ½ c **Roasted Street Corn** 2 ea **Fresh Banana**	½ c **Szechuan Green Beans** ½ c **Cucumber** 1 ea **Pear**	½ c **Steamed Broccoli** ½ c **Vegetable Blend** 1 c **Fresh Grapes**	1 c **Garden Salad** ½ c **Carrots** 1 c **Orange Smiles**

BeWell Healthy Choice menu options
V Vegetarian, Ovo-Lacto; May Contain Eggs and Milk
L Local: Nutrition Services Supports our Area Farmers
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K-12 BY ELIOR