



March 2023

ELEMENTARY LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



6 **Taco Soup w/ mini cornbread**
Tater Tots ½ c
Carrots ¼ c
Pears ½ c
Assorted Fresh Fruit ½ c

ALT: Chicken Sandwich

13 **Mac & Cheese**
1 serving
Baby Carrots ½ c
Green Beans ¼ c
Applesauce ½ c
Assorted Fresh Fruit ½ c

ALT: Chicken Nuggets

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27 **Penne Pomodoro**
1 serving
Peas & Carrots ½ c
Celery Sticks ¼ c
Pineapple Tidbits ½ c
Assorted Fresh Fruit ½ c

ALT: Chicken Nuggets

28 **Chicken Parmesan**
1 serving
Steamed corn ½ c
Tomato Wedge ¼
Assorted Fresh Fruit ½
Fruit Cocktail ½ c

ALT: Grilled Cheese

29 **Bean & Cheese Burrito**
Pinto Beans ½ cup
Fresh Broccoli ¼ c
Peaches ½ c
Assorted Fruit ½ c

ALT: Cheese Quesadilla

30 **Meatballs Marinara w/roll**
Mixed vegetables ¼
Celery Sticks ½ c
Pineapple Tidbits ½ c
Assorted Fresh Fruit

ALT: Corn Dog

7 **Sweet & Sour Chicken**
Steamed Brown Rice
1 serving
Steamed Broccoli ¼ c
Mixed Fruit ½ c
Assorted Fresh Fruit ½ c

ALT: Cheeseburger

14 **Shepherd's Pie**
1 serv
Seasoned Broccoli ¼ c
Mixed Fruit ½ c
Assorted Fresh Fruit ½ c

ALT: Cheese Quesadilla

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1 **Meatloaf**
Mashed Potatoes 1/2 c w/gravy
Broccoli ¼ c
Mixed Fruit ½ c
Assorted Fresh Fruit

ALT: Cheese Quesadilla

8 **Beef Soft Tacos** 2ea
Pinto Beans ½ cup
Roasted Street Corn ¼c
Peaches ½ c
Assorted Fruit ½ c

ALT: Chicken Nuggets

15 **Cheeseburger sliders**
2 ea
Corn Cobbett ½ c
Tater Tots ¼ c
Applesauce ½ c
Assorted Fresh Fruit ½ c

ALT: Grilled cheese

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2 **Spaghetti-Meat Sauce**
Peas ¼ c
Baby Carrots ½ c
Applesauce
Assorted Fresh Fruit

ALT: Corn Dog

9 **Grilled Ham & Cheese Sandwich w/ Tomato Soup** 1 ea
Mixed vegetables ¼ c
Celery Sticks ½ c
Mandarin Oranges ½ c
Assorted Fresh Fruit ½ c

ALT: Hamburger

16 **BBQ Chicken** 1 serv
WG Dinner Roll 1 ea
Baked Beans ½ c
Mashed Potatoes ¼ c
Sliced Pears ½ c
Assorted Fresh Fruit ½ c

ALT: Corn Dog

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3 **Chicken Fried Rice**
Garden Salad 1 c
Green Beans ½ c
Sliced Pears ½ c
Assorted Fresh Fruit ½ c

ALT: Fish Sticks

10 **Freshly Made Cheese or Pepperoni Pizza** 1 ea
Garden Salad 1 c
Cucumber slices ¼ c
Peaches ½ c
Assorted Fresh Fruit ½ c

ALT: Fish Sandwich

17 **Meatball Hoagie** 1 ea
Garden Salad 1 c
Ranch Dressing 1 pk
Italian Vegetables ¼ c
Pineapple Tidbits ½ c
Assorted Fresh Fruit ½ c

ALT: Fish Tacos 2 ea

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31 **Country Chicken Bowl**
Garden Salad 1 c
Green Beans ½ c
Sliced Pears ½ c
Fresh Fruit ½ c

ALT: Tuna Wrap

SPRING BREAK!

Choose from a variety of fresh fruits or vegetables.
½ cup fruit option and milk included with your meal and offered daily.

For questions and comments, please email the Food Service Director at Mark.Skutnik@k12byelor.com or call 575.640.4921

- BeWell Healthy Choice
- Vegetarian (Ovo-Lacto)
- Local
- Fresh Picks

This institution is an equal opportunity provider