



May 2022

MIDDLE SCHOOL LUNCH

MONDAY

2 **Mac N Cheese** 
 Chicken Nuggets
 Carrots ½ c
 Peas ¼ c
 Applesauce ½ c
 Assorted Fresh Fruit ½ c


9 **French Toast & Cheesy Egg** 
 Ham & Cheese Hoagie
 Tater Tots ½ c
 Baby Carrots ¼ c
 Diced Pears ½ c
 Assorted Fresh Fruit ½ c

16 **Cheesy Baked Ziti** 
 Chicken Nuggets
 Breadstick 1ea
 Peas & Carrots ½ c
 Celery Sticks ¼ c
 Mandarin Oranges ½ c
 Assorted Fresh Fruit ½ c

23
Chefs Choice

30
Memorial Day

TUESDAY

3 **Bean & Cheese Burrito** 
Cheeseburger or Hamburger
 Fresh Broccoli ¼ c
 Corn ½ c
 Pineapple Tidbits ½ c
 Assorted Fresh Fruit ½ c

10 **Enchilada de Carne Bake**
Cheeseburger or Hamburger
 Golden Corn ¼ c
 Black Beans ½ c
 Mixed Fruit ½ c
 Assorted Fresh Fruit ½ c

17 **Tachos de Carne**
Cheeseburger
 Black Bean Corn Salad ½ c
 Tomatoes ¼ c
 Mixed Fruit ½ c
 Assorted Fresh Fruit ½ c

24
Chefs Choice

31
No School

WEDNESDAY

4 **Casado Rice Bowl**
Hot Dog
 Roasted Sweet Potato ½ c
 Italian Veggie Blend ¼ c
 Diced Peaches ½ c
 Assorted Fresh Fruit ½ c

11 **Yakisoba Noodle Bowl**
Corndog
 Steamed Broccoli ¼ c
 Szechuan Green Beans ½ c
 Applesauce ½ c
 Assorted Fresh Fruit ½ c

18 **Cuban Sandwich** 
Hot Dog
 Broccoli ¼ c
 Sweet Potato Fries ½ c
 Diced Peaches ½ c
 Assorted Fresh Fruit ½ c

25
Chefs Choice

THURSDAY

5 **BBQ Chicken Thighs w. Dinner Roll**
Grilled Cheese Sandwich
 Mashed Potatoes ½ c
 Baked Beans ½ c
 Rosy Applesauce ½ c
 Assorted Fresh Fruit ½ c

12 **Be Well Potato Bar:**
 Baked Potato w. assorted toppings
Grilled Chicken Sandwich
 Steamed Carrots 1/4c
 Tater Tots ½ c
 Diced Peaches ½ c
 Assorted Fresh Fruit ½ c

19 **Spaghetti w. Meat Sauce** 
Grilled Cheese Sandwich 
 Green Peas ½ c
 Baby Carrots ½ c
 Rosy Applesauce ½ c
 Assorted Fresh Fruit ½ c

26
Chefs Choice

FRIDAY

6 **Freshly Made Cheese or Pepperoni Pizza** 
Tuna Fish Hoagie
 Mixed Vegetable ¼ c
 Sweet Potato Fries ½ c
 Assorted Fruit ½ c

13 **Freshly Made Cheese/Pepperoni Pizza** 
Tuna Fish Hoagie
 Garden Salad 1 c
 Roasted Cauliflower ¼ c
 Sliced Pears ½ c
 Assorted Fresh Fruit ½ c

20 **Freshly Made Cheese/Pepperoni Pizza** 
Chicken Patty Sandwich
 Garden Salad 1 c
 Seasoned Zucchini ¼ c
 Sliced Pears ½ c
 Assorted Fresh Fruit ½ c

27
Chefs Choice

29
Chefs Choice

Assorted Milk Served Daily
 1%
 Skim Chocolate

Assorted Salads and Sandwiches Served Daily

