

HIGH SCHOOL LUNCH 2021-22

May 2 thru May 6th

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

classic KITCHEN

Daily Regional,
Comfort, and
World Flavors

**Hot Italian Hoagie
Ham, Pepperoni &
Salami w. Provolone**
1 serving

Made with scratch-made
four cheese blend sauce

**Meatball Parmigiana
Hero** 1 each

Meatballs and marinara
sauce, sprinkled with
mozzarella cheese in a hoagie

**Protein Power
Grain Bowl** 1 each

A protein packed bowl with
brown rice, chicken, roasted
vegetables and other super
foods

Arroz con Pollo
1 serving

Classic Puerto Rican chicken
and rice dish

**House Made
Smoked BBQ Pork
Sandwich**
1 serving

Slow smoked pork with a
zesty BBQ Sauce

Salads and Subs are also available at the Coffee Cart

the local EAT

Daily Custom
Sandwiches,
Wraps, Paninis
and Salads

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

flame

Burgers, Garden
Burgers and
Chicken
Available Daily

**Mushroom Swiss
Burger** 1 serving

Beef patty with
caramelized mushrooms
and Swiss cheese on a
bun

**Mushroom Swiss
Burger** 1 serving

Beef patty with caramelized
mushrooms and Swiss cheese
on a bun

**Mushroom Swiss
Burger** 1 serving

Beef patty with
caramelized mushrooms
and Swiss cheese on a
bun

**Mushroom Swiss
Burger** 1 serving

Beef patty with
caramelized mushrooms
and Swiss cheese on a
bun

**Mushroom Swiss
Burger** 1 serving

Beef patty with
caramelized mushrooms
and Swiss cheese on a
bun

sauce + stone

Pepperoni and
Cheese
Available Daily

**Cheese Pizza
Pepperoni Pizza
Spicy Buffalo Chicken
Pizza**

**Cheese Pizza
Pepperoni Pizza
Spicy Buffalo Chicken
Pizza**

**Cheese Pizza
Pepperoni Pizza
Spicy Buffalo Chicken
Pizza**

**Cheese Pizza
Pepperoni Pizza
Spicy Buffalo Chicken
Pizza**

**Cheese Pizza
Pepperoni Pizza
Spicy Buffalo Chicken
Pizza**

streetfood

Custom Tacos
and Nacho Bar
Available Daily

Carne Adovada Burrito
Savory pork, cheese, crispy
potatoes with a green chili
sauce

**Burrito
Tacos Bowl**
(Made to Order)
Beans and Rice

Carne Adovada Burrito
Savory pork, cheese, crispy
potatoes with a green chili
sauce

**Burrito
Tacos Bowl**
(Made to Order)
Beans and Rice

Carne Adovada Burrito
Savory pork, cheese, crispy
potatoes with a green chili
sauce

**Burrito
Tacos Bowl**
(Made to Order)
Beans and Rice

Carne Adovada Burrito
Savory pork, cheese, crispy
potatoes with a green chili
sauce

**Burrito
Tacos Bowl**
(Made to Order)
Beans and Rice

Carne Adovada Burrito
Savory pork, cheese, crispy
potatoes with a green chili
sauce

**Burrito
Tacos Bowl**
(Made to Order)
Beans and Rice

seasons HARVEST

Mongolian Grill

**Spicy Pork
Chicken Teriyaki**

*Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables*

**Spicy Pork
Chicken Teriyaki**

*Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables*

**Spicy Pork
Chicken Teriyaki**

*Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables*

**Spicy Pork
Chicken Teriyaki**

*Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables*

**Spicy Pork
Chicken Teriyaki**

*Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables*

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.



BeWell Healthy Choice menu options

Vegetarian, Ovo-Lacto; May Contain Eggs and Milk

Local: Nutrition Services Supports our Area Farmers

* All menu items meet whole grain rich menu requirements

This institution is an equal opportunity provider.

Please notify your manager if you have any special dietary needs.

Please inform the server of any major food allergy you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

K-12 BY ELIOR

HIGH SCHOOL LUNCH 2021-22

May 9th thru May 13th

MONDAY

TUESDAY


WEDNESDAY

THURSDAY

FRIDAY

classic KITCHEN

Daily Regional, Comfort, and World Flavors

 **Pancakes with Cheesy Eggs**
1 serving

Two warm flapjacks served with a side of cheesy scrambled eggs

  **Chicken Taco Salad**
1 serving

Seasoned Chicken atop a freshly tossed house salad topped with shredded cheese

Spaghetti Bolognese
1 serving

Meaty marinara sauce served with spaghetti noodles

Chili with Jalapeño Cheddar Cornbread
1 serving

House-made chili with jalapeño cheddar cornbread

House Made Smoked BBQ Pork Sandwich
1 serving

Slow smoked pork with a zesty BBQ Sauce

Salads and Subs are also available at the Coffee Cart

the local EAT

Daily Custom Sandwiches, Wraps, Paninis and Salads

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Chili Dog
Corn Dog
Frito Pie
Nachos

flame

Burgers, Garden Burgers and Chicken Available Daily

BBQ Rodeo Burger
1 serving

Beef patty topped with sweet BBQ sauce, bacon & cheese on a bun

BBQ Rodeo Burger
1 serving

Beef patty topped with sweet BBQ sauce, bacon & cheese on a bun

BBQ Rodeo Burger
1 serving

Beef patty topped with sweet BBQ sauce, bacon & cheese on a bun

BBQ Rodeo Burger
1 serving

Beef patty topped with sweet BBQ sauce, bacon & cheese on a bun

BBQ Rodeo Burger
1 serving

Beef patty topped with sweet BBQ sauce, bacon & cheese on a bun

sauce + stone

Pepperoni and Cheese Available Daily

**Cheese Pizza
Pepperoni Pizza
Big Island Pizza
(Ham & Pineapple)**

**Cheese Pizza
Pepperoni Pizza
Big Island Pizza
(Ham & Pineapple)**

**Cheese Pizza
Pepperoni Pizza
Big Island Pizza
(Ham & Pineapple)**

**Cheese Pizza
Pepperoni Pizza
Big Island Pizza
(Ham & Pineapple)**

**Cheese Pizza
Pepperoni Pizza
Big Island Pizza
(Ham & Pineapple)**

streetfood

Custom Tacos and Nacho Bar Available Daily

 **Chile Lime Chicken Fajitas**
1 serving

Seasoned citrus spiced chicken with fajita vegetables in 6in tortillas

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1 serving

Seasoned citrus spiced chicken with fajita vegetables in 6in tortillas

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1 serving

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1 serving

Seasoned citrus spiced chicken with fajita vegetables in 6in tortillas

MADE TO ORDER

seasons HARVEST

Mongolian Grill Made to Order Station

Spicy Pork Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork Chicken Teriyaki


Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables


TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

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BeWell Healthy Choice menu options

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HIGH SCHOOL LUNCH 2021-22

May 16th thru May 20th

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

classic KITCHEN

Daily Regional,
Comfort, and
World Flavors

V House-made
Macaroni & Cheese
with Breadstick
1 serving

Made with scratch-made
four cheese blend sauce

Chicken Cutlet
Parmigiana Sandwich
1 each

Chicken Filet and marinara
sauce, sprinkled with
mozzarella cheese in a hoagie

V Protein Power
Grain Bowl 1 each

A protein packed bowl with
brown rice, chicken, roasted
vegetables and other super
foods

Arroz con Pollo
1 serving

Classic Puerto Rican chicken
and rice dish

Classic Cubano 1 each

Pulled pork, ham, Swiss
cheese, crunchy dill pickles
and spicy mustard in a grilled
sandwich

MADE TO ORDER STATION

Salads and Subs are also available at the Coffee Cart

the local EAT

Daily Custom
Sandwiches,
Wraps, Paninis
and Salads

Hot Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Corn Dog
Frito Pie
Nachos

Hot Dog
Corn Dog
Frito Pie
Nachos

flame

Burgers, Garden
Burgers and
Chicken
Available Daily

Mediterranean
Turkey Burger 1 each

Turkey patty topped with
Tzatziki, feta, spinach, tomato
& red onion

Mediterranean
Turkey Burger 1 each

Turkey patty topped with
Tzatziki, feta, spinach, tomato
& red onion

Mediterranean
Turkey Burger 1 each

Turkey patty topped with
Tzatziki, feta, spinach, tomato
& red onion

Mediterranean
Turkey Burger 1 each

Turkey patty topped with
Tzatziki, feta, spinach, tomato
& red onion

Mediterranean
Turkey Burger 1 each

Turkey patty topped with
Tzatziki, feta, spinach, tomato
& red onion

sauce + stone

Pepperoni and
Cheese
Available Daily

Cheese Pizza
Pepperoni Pizza
Spicy Buffalo
Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Spicy Buffalo
Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Spicy Buffalo
Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Spicy Buffalo
Chicken Pizza

Cheese Pizza
Pepperoni Pizza
Spicy Buffalo
Chicken Pizza

streetfood

Custom Tacos
and Nacho Bar
Available Daily

Verde Chicken
Enchilada 1 serving

Pulled chicken, house-
made green chili sauce &
cheese

Verde Chicken
Enchilada 1 serving

Pulled chicken, house-
made green chili sauce &
cheese

Verde Chicken
Enchilada 1 serving

Pulled chicken, house-
made green chili sauce &
cheese

Verde Chicken
Enchilada 1 serving

Pulled chicken, house-made
green chili sauce & cheese

Verde Chicken
Enchilada 1 serving

Pulled chicken, house-made
green chili sauce & cheese

seasons HARVEST

Mongolian Grill

Spicy Pork
Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork
Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Spicy Pork
Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

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Brown Rice
Noodles
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Spicy Pork
Chicken Teriyaki

Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

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K-12 BY ELIOR

HIGH SCHOOL LUNCH 2021-22 MENU

May 23rd thru May 27th

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

classic
KITCHEN

Classic, Salads
and Subs

Chefs Choice Menu

Salads and Subs are also available at the Coffee Cart

the local
EAT

Tiger Den

Chefs Choice Menu

flame

Burgers, Garden
Burgers and
Chicken
Available Daily

Chefs Choice Menu

sauce + stone

Pepperoni and
Cheese
Available Daily

Chefs Choice Menu

streetfood

Tacos and
Burrito
Available Daily

Chefs Choice Menu

seasons
HARVEST

Mongolian Grill

Chefs Choice Menu

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.

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K-12 BY ELIOR