



SUPER SNACK MAY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



1
Simply Chex WG (1g)
½ c Hummus
Apple (.5c)
Celery Sticks/Ranch (.5c)
1% White Milk

2
UBR Round WG (2g)
2 Cheese Stick (2m)
Craisins (.25c)
Celery Sticks (.5c)/Ranch
1% White Milk

3
½ WG Bagel (2g)
2oz Mozzarella (2m)
Mandarin Orgs (.25c)
Marinara Sauce (.5c)
1% White Milk

2

6
Goldfish WG (1g)
2 Cheese Stick (2m)
¼ c Pears (.25)
¼ c Baby Carrots
1% White Milk

7
WG Pretzels (1g)
½ c Hummus (2m)
1 Raisin Box (.25)
.5 c Cucumber Slices
1% White Milk

8
Asst Muffin (1g)
2 Cheese Stick (2m)
100% Fruit Juice (4oz)
1/2c Baby Carrots/Ranch
1% White Milk

9
WG Cheese Stuffed
Breadstick (2m/1g)
Grapes (.25c)
Marinara Sauces (.5c)
1% White Milk

10
Tostitos WG (2g)
Cheese Sauce (2m)
Peaches Sliced or Diced
(.25 c)
Tomato Salsa (1/2 cup)
1% White Milk

3

13
Turkey & Cheese
Pinwheel WG (2m/2g)
Orange Slices (.25 c)
¼ c Baby Carrots/Ranch
1% White Milk

14
Goldfish WG (1g)
Chicken Salad (2m)
Apple (.5c)
Celery Sticks/Ranch
(.5c)
1% White Milk

15
Pretzels WG (1g)
3oz Ham Roll-ups (2m)
100% Fruit Juice
¼ c Cucumber Slices
1% White Milk

16
2 pkgs WG Graham
Crackers WG (1g)
2 Cheese Stick (2m)
Pears (.25c)
Celery Sticks/Ranch
(.5c)
1% White Milk

17
½ WG Bagel (2g)
2oz Mozzarella (2m)
Mandarin Orgs (.25c)
Marinara Sauce (.5c)
1% White Milk

4

20
WG Churro Donut (2g)
2 Cheese Stick (2m)
Craisins (.25c)
Baby Carrots (.5c)/Ranch
1% White Milk

21
Turkey & Cheese Wrap
(2m/2g)
Pears (.25)
Cucumber Slices (.5 c)
1% White Milk

22
Simply Chex WG (1g)
Asst Yogurt Cup (1m)
1 Cheese Stick (1m)
Apple (125ct)
Broccoli/Ranch (.5c)
1% White Milk

23
WG Pretzels (1g)
½ c Hummus (2m)
1 Raisin Box (.25)
Celery Sticks (.5 c)
1% White Milk

24
Tostitos WG (2g)
Taco Meat (2m)
1 oz Cheddar Shred (1m)
Peaches Diced (.25 c)
Tomato Salsa (1/2 cup)
1% White Milk

27

28

29

30

31

Summer Break!!!