

Celebrate
School Lunch
Hero Week
6th-10th

MAY 2024

BREAKFAST



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1 Breakfast Tater
Tot Nachos/w
Biscuit
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

2 Egg and Cheese
Burrito
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

3 Berry Oatmeal
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

6 **SCHOOL LUNCH HERO DAY**
Breakfast Pizza
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

7 Breakfast Bento
Box
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

8 Blueberry Orange
Muffins
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

9 Donut Ring
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

10 Breakfast Nachos
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

13 **National Apple Pie Day**
Sunrise Apple Crisp
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

14 Western
Scramble/w
Biscuit
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

15 Iced Cinnamon
Roll
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

16 French Toast
Sticks
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

17 Breakfast
Scramble Stuffed
Biscuit
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

20 Strawberry and
Granola Yogurt
Parfait
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

21 Biscuit/w Sausage
Gravy
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

22 Apple Spiced
Muffin
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

23 Bage/w Cream
Cheese
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

24 Banana Apple
Muffin Trifle
Assorted Cereal
Graham Crackers
1/2c Fruit Choice
1/2c Juice Choice
1c Milk

27

28

29

30

31

Summer Break!!!

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service
Director at Mark.House@k12byelior.com

ELIOR NORTH AMERICA

This institution is an equal opportunity provider

Celebrate
School Lunch
Hero Week
6th-10th

MAY 2024

ELEMENTARY LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
A: Beef Nachos/ w Roll
B: Chicken Patty Sandwich
1/2c Italian Vegetables
1/2c sweet potato fries

2
A: Lemony Chicken Pasta/w Breadstick
B: Beef Soft Tacos
1/2c Mashed Potatoes
1/2c Baked Beans

3
v A: Italian Dunkers/w Marinara
B: Corndog
1/2c Berry Spinach Salad
E 1/2c Roasted Cauliflower



6
v A: Baked Ziti
B: Cheeseburger
1/2c Fresh Cucumbers
1/2c Garden Salad

7
A: Chili Dog
B: Chicken Nuggets
1/2c Potato Wedges
1/2c Baked Beans

8
A: Mexi Mac
B: Beef and Bean Burrito
1/2 c Seasoned Corn
1/2 c Fresh Broccoli/w Ranch

9
A: BBQ Pulled Pork Sandwich
B: Chicken Drumstick/w Roll
1/2 c Parmesan Crusted Brussel Sprouts
1/2c Fresh Red Peppers/w Ranch

10
v A: Cheese or Pepperoni Pizza
B: Chicken Tenders
1/2 c Celery Sticks
1/2 c Seasoned Carrot Slices

13
v A: Bean Cheese Burrito
B: Hamburger
1/2 c Potato wedges
1/2 c Garden Salad

14
A: Beef Stroganoff/w Roll
B: Red Chili Chicken Enchiladas
1/2 c Roasted Carrots
1/2c Fresh Cucumbers

15
A: Spicy Stuffed Biscuit
B: Corndog
1/2 c Baked Beans
1/2 c Fresh Broccoli

16
A: Tandoori Chicken/w Brown Rice
B: Fish Sandwich
1/2 c Italian Vegetables
1/2 c Crinkle Cut Fries

17
v A: Italian Dunkers/w Marinara
B: Chicken Cordon Bleu Sandwich
1/2 c Seasoned Carrots
1/2 c Roasted Tomatoes

20
A: Crispy Chicken Bowl
v B: Bean Chili Mac/w Breadstick
1/2 c Seasoned Corn
1 c Garden Salad

21
A: Beef Walking Taco
B: Buffalo Chicken Sandwich
1/2 c Black Beans
1/4 c Salsa
1/2 c Green Beans

22
v A: Quesadilla
B: Hamburger
1/2 c Potato Wedges
1/2 c Steamed Peas

23
A: Chefs Choice
B: Chicken Nugget
1/2 c Honey Roasted Brussel Sprouts
1/2 c Green Beans

24
v A: Chefs Choice
B: Cheese or Peperoni Pizza
1/2 c Roasted Broccoli
1/2 c Sweet Potato Fries

27

28

29

30

31

Summer Break!!!

NUTRITION BAR

Included with your meal and offered daily.
Choose from a variety of fresh fruits or vegetables.

For questions and comments, please email the Food Service Director at Mark.House@k12byelior.com

- v Vegetarian (Ovo-Lacto)
- E Fresh Picks
- Be Well

This institution is an equal opportunity provider

ELIOR NORTH AMERICA

Celebrate School Lunch Hero Week 6th-10th

MAY 2024

MIDDLE SCHOOL LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
A: Beef Nachos/w Breadstick
B: Chicken Nuggets
 ½ c Italian Vegetables
 ½ c sweet potato fries

2
A: Lemony Chicken Pasta/w Breadstick
B: Beef Soft Tacos
 ½ c Mashed Potatoes
 ½ c Baked Beans

3
A: Italian dunkers/w marinara
B: Corndog
 ½ c Fresh Cucumber
 ½ c Roasted Cauliflower
 ½ c Fruit Choice
 Berry Spinach Chicken Salad

6
 SCHOOL LUNCH HERO DAY
A: Baked Ziti
B: Cheeseburger
 1/2c Fresh Cucumbers
 1/2c Garden Salad

7
A: Chili Dog
B: Chicken Nuggets
 ½ c Potato Wedges
 ½ c Baked Beans

8
A: Mexi Mac/w Breadstick
B: Beef and Bean Burrito
 ½ c Seasoned Corn
 ½ c Fresh Broccoli/w Ranch

9
A: Pulled Pork Sandwich
B: Lemon Pepper Chicken Drumstick/w Roll
 ½ c Parmesan Crusted Brussel Sprouts
 ½ c Fresh Red Peppers

10
A: Cheese or Pepperoni Pizza
B: Chicken Tenders
 ½ c Celery Sticks
 ½ c Seasoned Carrot Slices

13
A: Bean and Cheese Burrito
B: Hamburger
 ½ c potato wedges
 ½ c Garden Salad

14
A: Beef Stroganoff/w Roll
B: Red Chili Chicken Enchiladas
 ½ c Roasted Carrots
 ½ c Fresh Cucumber

15
A: Spicy Stuffed Biscuit
B: Corndog
 ½ c Baked Beans
 ½ c Fresh Broccoli

16
A: Tandoori Chicken/w Brown Rice
B: Fish Sandwich
 ½ c Italian Vegetables
 ½ c Crinkle Cut Fries

17
A: Italian dunkers/w marinara
B: Chicken Cordon Bleu Sandwich
 ½ c Seasoned Carrots
 ½ c Roasted Tomatoes

20
A: Crispy Chicken Bowl
B: Bean Chili Mac/w Breadstick
 1 c Garden Salad
 ½ c Seasoned Corn

21
A: Beef Walking Taco
B: Lemon Pepper Chicken Sandwich
 ½ c Black Beans
 ¼ c Salsa
 ½ c Green Beans

22
A: Quesadilla
B: Hamburger
 ½ c Potato Wedges
 ½ c Steamed Peas

23
A: Chefs Choice
B: Chicken
 ½ c Honey Roasted Brussel Sprouts
 ½ c Green Beans

24
A: Chefs Choice
B: Cheese or Pepperoni Pizza
 ½ c Roasted Broccoli
 ½ c Sweet Potato Fries

27

28

29

30

31



NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

ENTREE SALAD or DELI SANDWICH

included with your meal and offered daily

This institution is an equal opportunity provider

- ✓ Vegetarian (Ovo-Lacto)
- 🍽️ Fresh Picks
- 🌍 Be Well

Celebrate
School Lunch
Hero Week
6th-10th

MAY 2024

HOLLOMAN MIDDLE SCHOOL LUNCH



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1
A: Beef Nachos/w Breadstick
B: Chicken Nuggets
½ c Italian Vegetables
½ c sweet potato fries

2
A: Lemony Chicken Pasta/w Breadstick
B: Beef Soft Tacos
½ c Mashed Potatoes
½ c Baked Beans

3
A: Italian dunkers/w marinara
B: Corndog
½ c Fresh Cucumber
½ c Roasted Cauliflower
½ c Fruit Choice
 Berry Spinach Chicken Salad

6
SCHOOL LUNCH HERO DAY
 A: Baked Ziti
B: Cheeseburger
1/2c Fresh Cucumbers
1/2c Garden Salad

7
A: Chili Dog
B: Chicken Nuggets
½ c Potato Wedges
½ c Baked Beans

8
 A: Mexi Mac/w Breadstick
B: Beef and Bean Burrito
½ c Seasoned Corn
½ c Fresh Broccoli/w Ranch

9
A: Pulled Pork Sandwich
B: Lemon Pepper Chicken Drumstick/w Roll
½ c Parmesan Crusted Brussel Sprouts
½ c Fresh Red Peppers

10
 A: Cheese or Pepperoni Pizza
B: Chicken Tenders
½ c Celery Sticks
½ c Seasoned Carrot Slices

13
 A: Bean and Cheese Burrito
B: Hamburger
½ c potato wedges
½ c Garden Salad

14
A: Beef Stroganoff/w Roll
B: Red Chili Chicken Enchiladas
½ c Roasted Carrots
½ c Fresh Cucumber

15
A: Spicy Stuffed Biscuit
B: Corndog
½ c Baked Beans
½ c Fresh Broccoli

16
A: Tandoori Chicken/w Brown Rice
B: Fish Sandwich
½ c Italian Vegetables
½ c Crinkle Cut Fries

17
A: Italian dunkers/w marinara
B: Chicken Cordon Bleu Sandwich
½ c Seasoned Carrots
½ c Roasted Tomatoes

20
 A: Crispy Chicken Bowl
B: Bean Chili Mac/w Breadstick
1 c Garden Salad
½ c Seasoned Corn

21
A: Beef Walking Taco
B: Lemon Pepper Chicken Sandwich
½ c Black Beans
¼ c Salsa
½ c Green Beans

22
 A: Quesadilla
B: Hamburger
½ c Potato Wedges
½ c Steamed Peas

23
 A: Chefs Choice
B: Chicken
½ c Honey Roasted Brussel Sprouts
½ c Green Beans

24
A: Chefs Choice
B: Cheese or Pepperoni Pizza
½ c Roasted Broccoli
½ c Sweet Potato Fries

27

28

29

30

31



NUTRITION BAR

Included with your meal and offered daily. Choose from a variety of fresh fruits or vegetables.

ENTREE SALAD or DELI SANDWICH

included with your meal and offered daily

This institution is an equal opportunity provider

- Vegetarian (Ovo-Lacto)
- Fresh Picks
- Be Well

Vegetarian 
 Fresh Picks 
 Be Well 

HIGH SCHOOL LUNCH- APRIL 29th-May 3rd

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily
Regional,
Comfort, &
World
Flavors**

**Bean Chili Mac/w
Breadstick**
 ½ c Mashed Potatoes
 ½ c Cucumber Slices
 ½ c Side Salad

**Chicken and Rice
Casserole**
 ½ c Red Peppers
 ½ c Roasted Corn
 ½ c Side Salad

**Beef Stroganoff/w
Breadstick**
 ½ c Italian Veggies
 ½ c Broccoli
 ½ c Side Salad

**Loaded Baked Potato
Bar/w Roll**
 ½ c Baked Beans
 ½ c Baby Carrots
 ½ c Side Salad



Italian Dunkers
 ½ c Seasoned Carrots
 ½ c Herbed Tomatoes
 ½ c Berry Spinach
 Chicken Salad

**Tiger's Den
Smoke
House**

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

Claw & Grill

*Garden Burgers &
Chicken Available Daily*

Pizza Burger
 Tater Tots

Pizza Burger
 Tater Tots

Pizza Burger
 Tater Tots

Pizza Burger
 Tater Tots

Pizza Burger
 Tater Tots

**Roaring
Pizza**

**Hawaiian Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Hawaiian Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Hawaiian Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Hawaiian Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Hawaiian Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Tiger's
Cantina**

*MADE-TO-ORDER
MEXICAN STATION
AVAILABLE DAILY*

 **Quesadilla**
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

 **Bean & Cheese Burrito**
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Turkey Burrito Bowl
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Carne Adovada Burrito
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

 **Quesadilla**
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Wok &
Growl
Mongolian
Grill**

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Ramen
Bowl**

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH




Included as a meal & offered daily.

K-12 BY ELIOR

Celebrate
School Lunch
Hero Week
6th-10th

HIGH SCHOOL LUNCH- MAY 6th-10th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.
May be subject to amendment to reflect updated federal and state regulations

Vegetarian 
Fresh Picks 
Be Well 

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Daily
Regional,
Comfort, &
World
Flavors

Gr. Chile Philly Hoagie
½ c Potato Wedges
½ c Cucumber Slices
½ c Side Salad

Lemon Pepper
Chicken Sandwich
½ c Baked Beans
½ c corn

Turkey Pot Pie Over a
Biscuit
½ c Seasoned Corn
½ c Broccoli/Ranch
½ c Side Salad

Tandoori Chicken/w
Brown Rice
½ c Green Beans
½ c Baby Carrots
½ c Side Salad

Beef Goulash/w Roll
½ c Broccoli
½ c Oven Roasted
Tomatoes
½ c Side Salad

Tiger's Den
Smoke
House

Bama Chicken
Blazin' Hog

Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans

Bama Chicken
Blazin' Hog

Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans

Bama Chicken
Blazin' Hog

Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans

Bama Chicken
Blazin' Hog

Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans

Bama Chicken
Blazin' Hog

Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans

Claw & Grill

Garden Burgers &
Chicken Available Daily

BBQ Bacon
Hamburger

Potato Smiles

BBQ Bacon
Hamburger

Potato Smiles

BBQ Bacon
Hamburger

Potato Smiles


BBQ Bacon
Hamburger


Potato Smiles


BBQ Bacon
Hamburger

Potato Smiles

Roaring
Pizza

 Veggie Lovers Pizza
1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

 Veggie Lovers Pizza
1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

 Veggie Lovers Pizza
1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

 Veggie Lovers Pizza
1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

 Veggie Lovers Pizza
1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

Tiger's
Cantina

MADE TO ORDER
MEXICAN STATION
AVAILABLE DAILY

Pork Pozole

MEXICAN STATION
Taco Shells, Tortillas,
Seasoned Beef, Seasoned
Chicken, Assorted Beans,
Rice

Pork Pozole

MEXICAN STATION
Taco Shells, Tortillas,
Seasoned Beef, Seasoned
Chicken, Assorted Beans,
Rice

Pork Pozole

MEXICAN STATION
Taco Shells, Tortillas,
Seasoned Beef, Seasoned
Chicken, Assorted Beans,
Rice

Pork Pozole

MEXICAN STATION
Taco Shells, Tortillas,
Seasoned Beef, Seasoned
Chicken, Assorted Beans,
Rice

Pork pozole

MEXICAN STATION
Taco Shells, Tortillas,
Seasoned Beef, Seasoned
Chicken, Assorted Beans,
Rice

Wok &
Growl
Mongolian
Grill

Chinese BBQ Pork
Chicken Teriyaki
Beijing Chicken
Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Chinese BBQ Pork
Chicken Teriyaki
Beijing Chicken
Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Chinese BBQ Pork
Chicken Teriyaki
Beijing Chicken
Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Chinese BBQ Pork
Chicken Teriyaki
Beijing Chicken
Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Chinese BBQ Pork
Chicken Teriyaki
Beijing Chicken
Fried Rice
Brown Rice
Noodles
Stir Fry Vegetables

Ramen
Bowl

Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki
 Boiled Egg
Assorted Vegetable Bar

Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki
 Boiled Egg
Assorted Vegetable Bar

Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki
 Boiled Egg
Assorted Vegetable Bar

Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki
 Boiled Egg
Assorted Vegetable Bar

Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki
 Boiled Egg
Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR

Vegetarian 
 Fresh Picks 
 Be Well 

HIGH SCHOOL LUNCH- MAY 13th-17th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily
Regional,
Comfort, &
World
Flavors**

BBQ Bird Dawg
 ½ c Potato Wedges
 ½ c Cucumber Slices
 ½ c Side Salad

**Chicken Drumstick/w
Roll**
 ½ c Green Beans
 ½ c Red Peppers
 ½ c Side Salad

**Spaghetti/w
Breadstick**
 ½ c Fresh Broccoli
 ½ c Italian Vegetables

Fish Sandwich
 ½ c Baked Beans
 ½ c Baby Carrots
 ½ c Side Salad

Meatball Hoagie
 ½ c Seasoned Carrots
 ½ c Italian Vegetables
 ½ c Side Salad

**Tiger's Den
Smoke
House**

**Pulled Pork Sandwich
Bama Chicken**
*Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans*

**Pulled Pork Sandwich
Bama Chicken**
*Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans*

**Pulled Pork Sandwich
Bama Chicken**
*Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans*

**Pulled Pork Sandwich
Bama Chicken**
*Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans*

**Pulled Pork Sandwich
Bama Chicken**
*Jalapeno Cheddar Cornbread
Homemade Dill Pickles
Homestyle Potato Salad
Camp Fire Baked Beans*

Claw & Grill

*Garden Burgers &
Chicken Available Daily*

**Grilled Teriyaki
Chicken/w Asian
Slaw Sandwich**

Potato Smiles

**Grilled Teriyaki
Chicken/w Asian
Slaw Sandwich**

Potato Smiles

**Grilled Teriyaki
Chicken/w Asian
Slaw Sandwich**

Potato Smiles

**Grilled Teriyaki
Chicken/w Asian
Slaw Sandwich**

Potato Smiles

**Grilled Teriyaki
Chicken/w Asian
Slaw Sandwich**

Potato Smiles

**Roaring
Pizza**

**Cheeseburger Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Cheeseburger Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Cheeseburger Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Cheeseburger Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Cheeseburger Pizza
1 slice**
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Tiger's
Cantina**

*MADE-TO-ORDER
MEXICAN STATION
AVAILABLE DAILY*

**Green Chili Chicken
Enchiladas**

MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Red Chili Chicken
Enchiladas**

MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Green Chili Chicken
Enchiladas**

MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Red Chili Chicken
Enchiladas**

MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Green Chili Chicken
Enchiladas**

MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Wok &
Growl
Mongolian
Grill**

**Chinese BBQ Pork
Chicken Teriyaki**
Orange Chicken
 Fried Rice
 Brown Rice
 Noodles
 Steamed Broccoli

**Chinese BBQ Pork
Chicken Teriyaki**
Orange Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
Orange Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
Orange Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Cauliflower

**Chinese BBQ Pork
Chicken Teriyaki**
Orange Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Ramen
Bowl**

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of
Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR

Vegetarian 
 Fresh Picks 
 Be Well 

HIGH SCHOOL LUNCH- MAY 20th –24th

TO MAKE IT A MEAL, SELECT UP TO 2 FRUITS AND/OR VEGETABLES AND CHOICE OF MILK.
 See any server for details and assistance. | Milk varieties include 1% low fat and flavored fat-free choices.
 May be subject to amendment to reflect updated federal and state regulations

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**Daily
Regional,
Comfort, &
World
Flavors**

**Crispy Chicken
Bowl/w Breadstick**
 ½ c Sweet Potato Fries
 ½ c Fresh Cucumbers
 ½ c Side Salad

 **Baked Ziti**
 ½ c Black Beans
 ½ c Roasted Zucchini
 ½ c Side Salad

Spicy Stuffed Biscuit
 ½ c Mexican Street
 Corn
 ½ c Peas
 ½ c Side Salad

Frito Pie
 ½ c Honey Roasted
 Brussel Sprouts
 ½ c Green Beans

Grilled Cheese
 ½ c Roasted Broccoli
 ½ c Roasted Carrots
 ½ c Side Salad

**Tiger's Den
Smoke
House**

**Loaded Pork Potato
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Loaded Pork Potato
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Loaded Pork Potato
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Loaded Pork Potato
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

**Pulled Chicken Sandwich
Campfire Dog**
*Jalapeno Cheddar Cornbread
 Homemade Dill Pickles
 Homestyle Potato Salad
 Camp Fire Baked Beans*

Claw & Grill

*Garden Burgers &
Chicken Available Daily*

Chicken Bacon Ranch
 Tater Tots

Chicken Bacon Ranch
 Tater Tots

Chicken Bacon Ranch
 Tater Tots

Chicken Bacon Ranch
 Tater Tots

Chicken Bacon Ranch
 Tater Tots

**Roaring
Pizza**

Pesto Pizza
 1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

Pesto Pizza
 1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

Pesto Pizza
 1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

Pesto Pizza
 1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

Hawaiian Pizza
 1 slice
Cheese Pizza 1 slice
Pepperoni Pizza 1 slice

**Tiger's
Cantina**

*MADE-TO-ORDER
MEXICAN STATION
AVAILABLE DAILY*

Posole
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Taco Soup
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Bean & Cheese Burrito
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Posole
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

Taco Soup
MEXICAN STATION
 Taco Shells, Tortillas,
 Seasoned Beef, Seasoned
 Chicken, Assorted Beans,
 Rice

**Wok &
Growl
Mongolian
Grill**

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Stir Fry Vegetables

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Chinese BBQ Pork
Chicken Teriyaki**
 Asian Chicken
 Fried Rice
 Brown Rice
 Noodles
 Roasted Broccoli

**Ramen
Bowl**

**Ramen Bowl/w Choice
of**
**Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of**
**Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of**
**Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of**
**Chinese BBQ Pork
Chicken Teriyaki**
 **Boiled Egg**
 Assorted Vegetable Bar

**Ramen Bowl/w Choice
of**
**Chinese BBQ Pork
Chicken Teriyaki**
Boiled Egg
 Assorted Vegetable Bar

This institution is an equal opportunity provider. Please notify your manager if you have any special dietary needs. Please inform the server of any major food allergies you may have before placing an order. When necessary, we will make an appropriate recommendation or substitution.

NUTRITION BAR

Included with your meal & offered daily. Choose a variety of fresh fruits & vegetables.

ENTRÉE SALAD OR DELI SANDWICH

Included as a meal & offered daily.

K-12 BY ELIOR



SUPER SNACK MAY MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1



1

Simply Chex WG (1g)
½ c Hummus
Apple (.5c)
Celery Sticks/Ranch (.5c)
1% White Milk

2

UBR Round WG (2g)
2 Cheese Stick (2m)
Craisins (.25c)
Celery Sticks (.5c)/Ranch
1% White Milk

3

½ WG Bagel (2g)
2oz Mozzarella (2m)
Mandarin Orgs (.25c)
Marinara Sauce (.5c)
1% White Milk

2

6

Goldfish WG (1g)
2 Cheese Stick (2m)
¼ c Pears (.25)
¼ c Baby Carrots
1% White Milk

7

WG Pretzels (1g)
½ c Hummus (2m)
1 Raisin Box (.25)
.5 c Cucumber Slices
1% White Milk

8

Asst Muffin (1g)
2 Cheese Stick (2m)
100% Fruit Juice (4oz)
1/2c Baby Carrots/Ranch
1% White Milk

9

WG Cheese Stuffed
Breadstick (2m/1g)
Grapes (.25c)
Marinara Sauces (.5c)
1% White Milk

10

Tostitos WG (2g)
Cheese Sauce (2m)
Peaches Sliced or Diced
(.25 c)
Tomato Salsa (1/2 cup)
1% White Milk

3

13

Turkey & Cheese
Pinwheel WG (2m/2g)
Orange Slices (.25 c)
¼ c Baby Carrots/Ranch
1% White Milk

14

Goldfish WG (1g)
Chicken Salad (2m)
Apple (.5c)
Celery Sticks/Ranch
(.5c)
1% White Milk

15

Pretzels WG (1g)
3oz Ham Roll-ups (2m)
100% Fruit Juice
¼ c Cucumber Slices
1% White Milk

16

2 pkgs WG Graham
Crackers WG (1g)
2 Cheese Stick (2m)
Pears (.25c)
Celery Sticks/Ranch
(.5c)
1% White Milk

17

½ WG Bagel (2g)
2oz Mozzarella (2m)
Mandarin Orgs (.25c)
Marinara Sauce (.5c)
1% White Milk

4

20

WG Churro Donut (2g)
2 Cheese Stick (2m)
Craisins (.25c)
Baby Carrots (.5c)/Ranch
1% White Milk

21

Turkey & Cheese Wrap
(2m/2g)
Pears (.25)
Cucumber Slices (.5 c)
1% White Milk

22

Simply Chex WG (1g)
Asst Yogurt Cup (1m)
1 Cheese Stick (1m)
Apple (125ct)
Broccoli/Ranch (.5c)
1% White Milk

23

WG Pretzels (1g)
½ c Hummus (2m)
1 Raisin Box (.25)
Celery Sticks (.5 c)
1% White Milk

24

Tostitos WG (2g)
Taco Meat (2m)
1 oz Cheddar Shred (1m)
Peaches Diced (.25 c)
Tomato Salsa (1/2 cup)
1% White Milk

27

28

29

30

31

Summer Break!!!